

THE EPOCH TIMES

LIFE &

TRADITION

DAN KITWOOD/GETTY IMAGES



Sections of the Parthenon Marbles also known as the Elgin Marbles are displayed at The British Museum on Nov. 22, 2018, in London.

Life Lessons From the Ancient World's Greatest Artist

Phidias was hounded by trials and tribulations throughout his career. How he responded defines his legacy.



"Phidias Showing the Frieze of the Parthenon to his Friends," 1868, by Sir Lawrence Alma-Tadema.

MATTHEW JOHN

Comb through any of the latest art history or humanities textbooks, and you're likely to find little if any mention of his name. Not even once does he appear in McGraw Hill's "The Humanities Through the Arts"—now in its 10th edition. "Picasso," meanwhile, registers a whopping 34 entries in the index.

Yet Phidias (also spelled as Pheidias) deserves better. He was a phenomenon in his day—the Michelangelo of the ancient world, if you will. He was heralded as the greatest artist in what was arguably the greatest city (Athens), with renown that reached as wide as Greek civilization.

Yet perhaps most striking are the ordeals that Phidias faced in his lifetime and, importantly, how he responded. But to that we'll turn in a moment.

First, a bit of a biopic, given how unfamiliar readers are likely to be with the ancient giant and his achievements, and these, as we'll see, set the stage for appreciating his impressive character.

If you've ever made it to The British Museum or otherwise caught a glimpse of the legendary Elgin Marbles, you've at least seen some of Phidias's accomplishments, if not recognized them. For Phidias was the one responsible for these masterful works of marble sculpture that adorned the ancient Greek Parthenon—the towering artistic achievement that paid tribute to Athena, Athens's patron goddess.

The marble friezes—three-dimensional reliefs on the walls of the temple—were, and still are, 24 centuries later, heralded for their superb rendering of the human figure.

Continued on Page 2



Greek sculptor, painter, and architect Phidias (480–430 B.C.).

American Education Then and Now

We need to instill a fervent desire for learning in our children today

JEFF MINICK

"You can get it if you really want
You can get it if you really want
You can get it if you really want
But you must try, try and try
Try and try, you'll succeed at last."

Reggae musician Jimmy Cliff's lyrics apply to most situations in life: being a good husband and father, a promotion at work, or learning French. Very often, we truly can get something if we really want it and we're willing to try, try and try.

And the same holds true for an education.

Old-School Education

Schooling of any kind was often hard to come by in our past.

Go back to 1860 and we find only 40 public high schools in the United States. Most students at that time enrolled in private academies, which were small, local schools supported by their churches and communities, or learned the basics of reading, writing, and mathematics at home. In fact, very few young people who attended school—and many who had to work received no education at all—stayed in a classroom for only a few years.

Continued on Page 2



Students and their teacher stand in front of the Eight Square Schoolhouse in Tompkins County, N.Y., in this file photo.

PUBLIC DOMAIN

'God's Great Outdoors'

The 96-year-old US Air Force veteran says she is 'humbled by the beauty and greatness' of the country

LOUISE CHAMBERS

A retired Navy nurse took her 95-year-old mother, a U.S. Air Force veteran diagnosed with dementia, on a 26,000-mile adventure across the United States. Together, they passed through 70 cities in 20 states, collecting stories and experiences like none they had before.

Teresa Lee McFarland of Lone Pine, California, is 63 years old. She retired as a Navy Nurse Corps commander and family nurse practitioner in 2020 to care for her mother, Norma Lee Lamascus, full time. Lamascus, who celebrated her 96th birthday while on the tour, was once a registered nurse and served two years with the U.S. Air Force between 1952 and 1954.

The mother-daughter pair have since returned home from their more than 10-month-long trailer tour of a lifetime and are planning to travel again, starting in July. The best part is that after all this traveling, Lamascus's dementia scores have improved.

"[I feel] humbled by the beauty and greatness of our big country," she told The Epoch Times. "I learned that life is wonderful and that I can still enjoy God's great outdoors at my age! Life is for living. Every moment can be a wonderful adventure if you look for it."

McFarland said, "I learned that, with God's help, there isn't really anything we can't do. I also learned that most strangers are kind and generous."

'I Want to See the People I Love Before I Die'

McFarland moved in with McFarland in March 2018, when she could no longer afford to keep up her home in Oceanside, California, and needed help with chores. Then the COVID-19 pandemic hit, and life grew even harder.

"I learned that life is wonderful and that I can still enjoy God's great outdoors at my age! Life is for living. Every moment can be a wonderful adventure if you look for it."

Norma Lee Lamascus, 96

"The forced isolation and travel restrictions shut down her social life," McFarland said. "She couldn't go to visit her dearest friends living near her former home, and five of her new friends died. Needless to say, she became despondent with grief."

Lamascus told her daughter, "I want to see the people I love before I die!"

McFarland was determined to make it happen.

In October 2020, she bought a 2011 Toyota Tacoma and a 17-foot 1985 Aljo Aly pull trailer to fix up. McFarland oversaw the modifications herself, raising the seats by three inches for accessibility; adding hand grips, a new heater, and a window; and updating the decor. By March 2021, the revamped trailer, nicknamed "Blessing," boasted a fully functional kitchen, a bathroom with a shower, sleeping spaces, and a brand-new look.

"I did everything but the heater myself," she said.

With Lamascus fully on board, McFarland plotted a route using paper maps and an old U.S. Road Atlas to include visits to old friends, family, and even relatives whom Lamascus had discovered through DNA testing, but had never met. The pair chronicled their epic trip on a dedicated Facebook page, Norma's 95: Big Adventure.

With a preference for quiet rural spots and natural beauty, McFarland made reservations at campgrounds ahead of each pit stop. She found military base campgrounds especially welcoming and said life on the road was both "fun and challenging."

"I did all of the trip planning, packing, shopping, cooking, laundry, driving and towing, set-up and take down for the trailer," McFarland said. "My goal was to drive less than five hours each day, stop before dark, and stay at least two days at each stop. At this pace, we could both enjoy the journey all along the way."

"We remained flexible and didn't plan ahead too much so we could accommodate unexpected mishaps, like a flat tire, and take advantage of any surprise opportunities that showed up: the public art murals, sculptures, mosaic-tiled automobiles, riverside walking paths, swimming pools, community concerts, spontaneous dancing in the grass, and the amazing beauty of God's creation."

Making Memories

In more than 10 months, with four oil changes and four new tires along the way, McFarland and her mother visited 20 states: California, Nevada, Idaho, Utah, Colorado, Nebraska, Iowa,

Minnesota, Wisconsin, Illinois, Missouri, Indiana, Kentucky, Tennessee, North Carolina, Arkansas, Oklahoma, Texas, New Mexico, and Arizona.

In their home state of California, Lamascus visited her childhood best friend since kindergarten in Scotts Valley. In St. Louis, the pair visited McFarland's sister; Norma met her latest great-grandson for the first time in Crystal City, Missouri.

Colorado heralded a nostalgic meeting. "Norma enjoyed seeing three of her nursing classmates from 1946, and we went to Presbyterian Saint Luke's Hospital to see if there was any interest in Norma, a 1946 graduate of the Denver Saint Luke's Hospital School of Nursing," McFarland said. "They gave Norma a wonderful book filled with photos and detailed history of the hospital."

In her hometown of Lewellen, Nebraska, Lamascus reunited with family and old friends and met a 94-year-old third cousin for the very first time.

As the tour progressed, they kept adding new memories to their book of life.

The pair also made ample time for day trips, including Noah's Ark in Williamstown, Kentucky; the Minneapolis Zoo, where Lamascus fulfilled a lifelong wish to ride a camel; and Sheboygan, Wisconsin's 400-foot-tall American flag.

They spent the holidays in Lake Havasu City, enjoying London Bridge, in Arizona, walking in the cactus garden and taking the ferry to Christmas dinner at the casino.

"The Arizona sunsets still warm our memories," McFarland said.

Lamascus celebrated her 96th birthday in Meridian, Idaho. And in Cascade, Idaho, 15



Lamascus outside the trailer. Her daughter affectionately addresses her as a superhero for her resilient spirit and love for life.



Teresa Lee McFarland (L) and Norma Lee Lamascus, at London Bridge, Lake Havasu City, Ariz.



Lamascus (R) with Agnes, her nursing school classmate from 1946.



Lamascus (R) with her childhood friend Betty at a nursing home.

family members spanning from 7 to 96 years of age hosted "Camp Grandma" for the nonagenarian birthday girl.

The Conscientious Daughter

McFarland first noticed warning signs of dementia in her mother in November 2019.

Lamascus had trouble problem-solving, didn't use logical reasoning, and was forgetting more frequently; she had difficulty following directions of more than two steps, repeated questions already answered, and said the same things over and over again. As she became less active physically, her social life declined.

Unable to drop to a part-time schedule, McFarland retired to become her mother's full-time caretaker. Ironically, she believes that Lamascus herself might have invented the "assisted living" model we know today during her career as a nurse.

"In 1968, [my mother] bought a too-large house to provide a home-like 'board and care' to elderly men and women who needed help with their medication, laundry, and meals," McFarland said. "Otherwise, they were independent and on their own. The health and fire inspectors weren't sure what to do with her, as this type of care was otherwise unheard of."

Well-versed in Lamascus's needs by the time the trailer was ready, McFarland made sure their trip was accessible. Norma uses a four-wheeled rolling walker for stability, quickly runs out of steam because of a history of heart failure and chronic obstructive pulmonary disease, and can't stand without support for more than a few seconds.

It was Lamascus's job to inspect every new campground for adequate bathroom facilities, McFarland said, while she set up the trailer for each stay. The thoughtful daughter carried three portable suction grab bars, a shower stool, and a hand-held shower spray with wrenches, just in case they needed them.

But during their travels, McFarland noticed that even Lamascus's transport chair was too flimsy to handle the uneven trails and river walks they hoped to explore. She found a \$4,000 all-terrain chair from France online, but was reluctant to commit without trying it first. Then she came across an advocacy group that provides running pushchairs for disabled athletes.

"This contact led me to Mike DiDonato of Southbridge Tool and Manufacturing in Massachusetts," McFarland said. "He offered to let us borrow a blade running chair with trail wheels for as long as we needed it, all we had

to pay was the shipping costs."

McFarland believes that when one is faced with problems or challenges, it's important to be curious and ask others for ideas and whatever help they can offer and "be persistent to find a solution."

Help was never far away. When Lamascus contracted a painful ear infection in Minnesota, they visited a local urgent-care facility with a prescription vending machine in the waiting room, getting the antibiotics they needed in the middle of the night. The Traveling Veterans program looked after Lamascus throughout her recovery.

Even the trailer suffered a few issues as the trip went on, but McFarland saved the day. "Once the weather started to get colder in Tennessee, some of the trailer's old pipes became frozen," she said. "I solved this issue by placing small portable heaters inside the bathroom cabinet."

After 10 months on the road with now-96-year-old Lamascus, McFarland feels proud of her mother for her enduring adventurous spirit, proud of herself for making the trip happen despite obstacles, and grateful that they ignored the naysayers.

"I learned that enjoying the present is an incredible gift to myself and those around me," McFarland said. Concerned about her mother's memory and mental health, McFarland recently got Lamascus's thorough neurocognitive assessment done. The results were surprising.

"Her score had actually improved from January 2021," McFarland said. "I am convinced that the mental stimulation, social experiences, and travel to new places actually improved her mental function!"

McFarland, who's a member of the VA Caregiver Support Network, implores other caregivers to find support from people who understand and empathize. The "frank, funny, steady, reliable" friends in her virtual support group have made caregiving possible for her and thriving possible for Lamascus at 96.

"I encourage everyone to experience an adventure every day. This is important for young and old. It makes all of life much richer, fuller, and more fun," McFarland said. "I'm forever grateful we took this trip."

Arshdeep Sarao contributed to this report.

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Graceful Villa Melzi on Lake Como, Italy

JAMES HOWARD SMITH

Villa Melzi d'Eril is elegantly placed on the waterfront of Lake Como amidst a rare garden, just 31 miles from Milan in Lombardy, Northern Italy.

Francesco Melzi d'Eril was vice president of the Italian Republic founded by Napoleon in the early 19th century. Melzi envisaged the villa as a summer retreat. It is accompanied by a family chapel, an orangerie that served as a greenhouse, and a lakeside pavilion. These were set in a wondrous garden with rare exotic plants, sculptures and an oriental haven, evoking memory and imagination of far away lands.

The Villa was designed by Swiss-born architect, painter, and sculptor, Giocondo Albertolli, and built between 1808 and 1815. The neoclassic style draws upon Greek classical roots, holding a simple form with a subtle decorative expression. The soft, gentle tones of the white walls with light gray trim and blue window shutters com-

plement the atmosphere of the lake with the lofty clouds that often float by before dissipating among the mountains beyond.

The gardens begin at the northern end at lake level with the Asian garden formed with Japanese maples, around a pond, and offers a bridge to a sequence of stone paths that quickly tracks up the hillside. Plateaus are formed offering views out over the garden and lake beyond. The hillside garden then forms the backdrop for the villa.

While the town of Como is filled with lively hotels and villas, Melzi stands softly spoken by the waters edge amidst a gentle setting. Her graceful presence connects with the spirit of Lake Como, and has timelessly continued to touch guests and passersby for over 200 years.

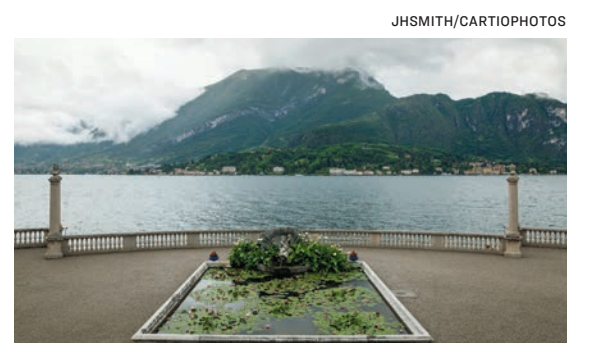
James Howard Smith, an architectural photographer, designer, and founder of Cartio, aims to inspire an appreciation of classic architecture.



(Top) Villa Melzi stands on the lake's edge as the gardens rise behind. The family chapel, with the green dome, is seen here slightly closer to the viewer. In the background, Bellagio, the point of boat arrival for visitors today and a short walk to Villa Melzi, is seen further back along the lakeshore.



In the Asian garden, Japanese maples shed their canopies over broad curved pebble paths and over the Japanese "small water lily lake" and nourishes visitors in a welcoming enclosure.



The lotus pond is centered on the lakeside terrace in front of Villa Melzi. It is representative of the lake, brought within reach of guests for close viewing. The small pond does not draw too much attention to itself in order to leave the broad terrace open to Lake Como and the mountainous terrain as the main spectacle.

Melzi stands by the waters edge amid a gentle setting,

Villa Melzi has been declared a national monument. The exterior double staircase rises up to the main floor and frames three arched doors that provide passage to the villa's lower floor. The rusticated base and large textured brick-like forms establish a relationship with the ground, while providing contrast and hence highlighting the soft white walls. This treatment extends vertically along the corners, known as coins. The coins form a frame to the subdued façades comprised of a soft repetition of rectangular windows. The roof is adorned with chimney spires.



Hidden at the southern end of the estate is a spiritual realm: the family chapel. Visitors must cross the expansive lawn surrounded by gigantic aged trees to discover this spot. There are no paths to it.



An elegant wrought iron bridge extends over the "small water lily lake." The fine design motifs and craftsmanship complement the Asian garden design.



Octagonal rosettes line the dome and diminish in size as they near the central blue cupola, which steps upward. This creates an expanding illusion representing the expansive cosmos and heavens above.

How to Get Kids to Appreciate Classical Music and Why

A child's life will forever be enriched if we take just a few simple steps

ANGELICA REIS

Classical music was born in the halls of churches and monasteries. At its heart lies divine inspiration. It's a gift given to humankind for devotion, enjoyment, and discipline. It's one of those precious aspects of our culture that allows us to stay connected to our maker.

The composers of old knew this. Many of them, upon completing a work, dedicated them, in writing, "to the glory of God" or "to God alone be the glory." They understood that such beauty couldn't be an act of human beings alone.

In fact, if you think about it, there's nothing on earth quite the same as classical music. It's in a league of its own.

For these and other reasons, a lot of parents want to expose their children to it, with the goal of fostering a true appreciation for it.

But many don't know where to start, especially in cases where their child may not be learning an instrument and where they themselves may not be that well versed.

There are a few simple things that anyone can do to nurture enjoyment of classical music in kids.

Early Exposure Is Best

Have classical music playing in your home, just in the background, to create a nice atmosphere. Consider telling your kids something simple about the music, such as the composer's name, the orchestra's name, or the country that the music is from. Or simply ask them how it makes them feel, or offer your own comments on it, such as, "Doesn't this sound like birds chirping?" or the like. Don't turn it into a high-pressure situation for your kid, of course. Otherwise, their associations with the genre may not be entirely positive. You're just planting seeds.

There's no need to spend any money to play the music. You might have a local classical station you like tuning into, but if not, there are a lot of great free resources for online streaming. Here are a couple of recommendations. Philadelphia's WRTI radio website is a wonderful station, out of the home city of one of America's top orchestras. And YourClassical.org is a website with not only excellent online streaming, but a great kids' section.



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Attend Kid-Friendly Concerts

OK, your kids may not be ready for a full-length symphony concert, and maybe you're worried about having missed the "early exposure" window.

No problem—there are a lot of opportunities to address that. You'll be surprised (depending, of course, on where you live) at how many concerts are available that are short, memorable, and engaging. And while videos are great, in-person experiences will leave a much deeper impression, of course.

Summer is an excellent time to find shorter concerts in your area, many of which may be free. A lot of towns and cities have concerts in the park that you can learn about just by looking up information online. These can be simple ones of, say, brass ensembles playing more crowd-pleasing tunes or of a full orchestra giving a family-friendly outdoor performance.

Do a search, and you'll probably find some great options. There may even be something before your local July 4 fireworks display.

Even though I grew up being taken to

many, many concerts, sometimes involving family as performers, and even in great halls, one of my favorite memories is of a casual one in a park.

Summer is an excellent time to find shorter concerts in your area, many of which may be free.

It was next to a river with a small brass band playing in a gazebo. The intimate nature of the setting and the liveliness of the music—I believe performed by seniors—brought so much joy that I think it's something I'll carry with me forever.

Note that these concerts might not always be classical in nature. But exposure to people playing classical instruments—the ones you find in a symphony orchestra—is all a part of gradually leaving that

impression on your child's mind.

Folk concerts involving guitars or coffee-house-style concerts, while pleasant, won't quite lay the same groundwork, in my experience.

Another source for these, beyond summertime or local park concerts, is cultural festivals such as Oktoberfest (OK, yes, you should watch out for any over-the-top drinking!), polka festivals, Ukrainian festivals, and so on. Often, you'll find people playing classical instruments accompanying folk dance performed in traditional dress. This can be a great experience for kids on many levels.

Your local symphony orchestra likely has kid-oriented concerts to offer, so these are worthwhile to look into, too. And there's the ever-more-popular genre of concerts involving live orchestras accompanying film. Online, there's a very helpful description of what this sort of experience is like from the Houston Symphony Orchestra when it performed live to "Harry Potter and the Chamber of Secrets" in 2018.

Their website says it well: "If you have ever watched part of a movie on mute, you know that without music, scary scenes aren't as scary, and happy endings aren't as happy."

In this sort of performance, the film appears on a large screen behind a full orchestra, which is generally on a stage as opposed to being in an orchestra pit, and the orchestra plays the complete movie score as the film is shown. Imagine how precise the timing of the music must be to make this work!

This sort of experience could help your child never experience a movie quite the same way again, by opening his or her ears with fresh appreciation.

Choose Kid-Oriented Tunes

There are several classical pieces that were written specifically for educating children on the genre. Still considered the gold standard for this purpose is Benjamin Britten's "The Young Person's Guide to the Orchestra," which, while written in 1946, is based on a tune from 1695. You can easily find recordings of it online, and you might just find it being performed by an orchestra near you.

Keep It Light

Whatever the experience you choose for your child along these lines, be sure to keep it light and fun, especially when they're at a younger age. Reserve the tiger mom attitude for getting your kid to practice a classical instrument, which is a different matter altogether.

But if practicing isn't the current focus, then just remember that classical music is a divine gift, and allowing your child to experience it and have it penetrate their heart and being is a beautiful thing—something that may stay with them forever.

Angelica Reis loves nature, volunteer work, her family, and her faith. She is an English teacher with a background in classical music, and enjoys uncovering hidden gems, shining them up, and sharing them with readers. She makes her home in New York state.

Mood Boosters for Homeschool

A few tips to turn your mind around when you're feeling low

BARBARA DANZA



Homeschooling can be intense at times, but there are ways to readjust our attitudes when things get tough, from getting out in nature to checking our emotions.

boost your mood and the overall energy of your homeschool environment.

Time Out

Call a time out—for yourself. Take 10 minutes for a break, to breathe, to have a sip or two of water or tea, to center yourself, and to think of how much you love your children and are blessed. Aim for increased calm. Know that a bad day or a few bad days don't equate to catastrophic failure. Breathe some more. Return to your children with smiles and hugs.

Change the Tune

Turn on some happy, uplifting music and encourage everyone to get up and bob along. Moving the body can do wonders to increase one's mood. If you've got especially silly moves to entertain your kid-

dos, all the better. Giggle away and reset the day with renewed perspective.

Head Outside

Quickly get shoes on feet and the family out the door. Whether you head to a local park or beach or just outside your home, feel the sunshine or the rain or whatever the weather happens to be on your face. Enjoy nature and being together. Race to the end of the street and back or toss a ball back and forth.

Make Food Nourishing

The food we eat can have a significant impact on our mood. Choose to prepare a wholesome meal for dinner that you and your family will enjoy. Involve the kids in its preparation and it doubles as a cooking lesson.



FOR KIDS ONLY

THE EPOCH TIMES

Week 27, 2022

How Doth the Little Busy Bee

By Isaac Watts

How doth the little busy bee
Improve each shining hour,
And gather honey all the day
From every opening flow'r!
How skillfully she builds her cell!
How neat she spreads the wax!
And labors hard to store it well
With the sweet food she makes.
In works of labor or of skill,
I would be busy too;
For Satan finds some mischief still
For idle hands to do.
In books, or work, or healthful play,
Let my first years be past,
That I may give for ev'ry day
Some good account at last.

ALL PHOTOS BY SHUTTERSTOCK

DID YOU HEAR ABOUT THE CAMPING COMPETITION?

"SINEL NI SYM LI LI"

Adopt the pace of nature. Her secret is patience.

RALPH WALDO EMERSON (1803-1882), AMERICAN WRITER

ABHIR/SHUTTERSTOCK

This Week in History

CATHERINE THE GREAT TAKES POWER

On July 9, 1762, Catherine II became Empress of Russia. She was born Sophie Friederike Auguste von Anhalt-Zerbst and betrothed to the Russian heir to the throne, Peter, at age 14. She was christened as Catherine in the Russian Orthodox Church and married in 1745. When her husband became unpopular as Tsar, she overthrew him and took power. As empress she went on to expand the Russian territory and became known as Catherine the Great.



Portrait of Catherine II, 1780s, by Antoni Albertrandi after Fyodor Rokotov. Royal Castle, Warsaw.

Catherine the Great's signature.

By Aidan Danza

HOW THE ROBIN REARS ITS CHICKS

ALL PHOTOS BY SHUTTERSTOCK

The American robin is one of suburbia's most distinctive birds.

It's heard every morning in the spring and summer, with its high, cheery songs, while it's often seen on lawns catching earthworms for food. Almost as soon as robins come around, they can be seen with nesting material. If you look hard enough, you might find the nest, and if you watch this nest long enough, you might see eggs appear, which soon hatch into little chicks.

After a robin builds its nest, the female will lay her eggs. Usually, she lays only three or four, although sometimes she will lay two or five. These eggs are almost always a teal turquoise blue that is usually referred to as "robin's-egg blue."

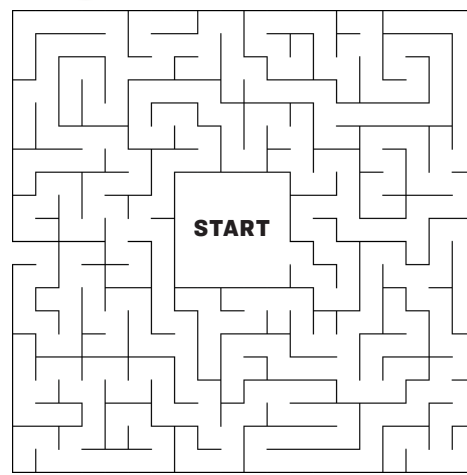
After around two weeks, the eggs will hatch. For a tiny baby bird that is very weak, hatching is a difficult process that usually takes around 24 hours. After the eggs hatch, the parents will dispose of the shells by carrying them away from the nest or eating them. The young are born naked and helpless, with closed eyes and sparsely covered with a bit of white down. They steadily grow for about 14 days, at which time they will leave the nest, though

still unable to fly. One week later, the robin can fly with ease and has reached adult proportions. Its only mark of youth is its plumage, which is dull gray with a spotted chest.

Like many birds, robins split their tasks between the male and the female. The male usually stays outside the nest, standing guard or foraging for his family's food, while the female does most of the egg incubating and chick brooding in the nest to protect her young from the cold and rain. As the young become stronger, the female doesn't need to brood them and she will also leave the nest to forage for their food.



AMAZING ESCAPES!



USE THE FOUR NUMBERS IN THE CORNERS, AND THE OPERANDS (+, -, AND X) to build an equation to get the solution in the middle. There may be more than one "unique" solution but, there may also be "equivalent" solutions. For example: 6 + (7 X 3) + 1 = 28 and 1 + (7 X 3) + 6 = 28

Easy puzzle 1

2	6		
48			
2	5		
+	-	x	÷

Solution For Easy 1
9 × (2 - 2) ÷ 9

Medium puzzle 1

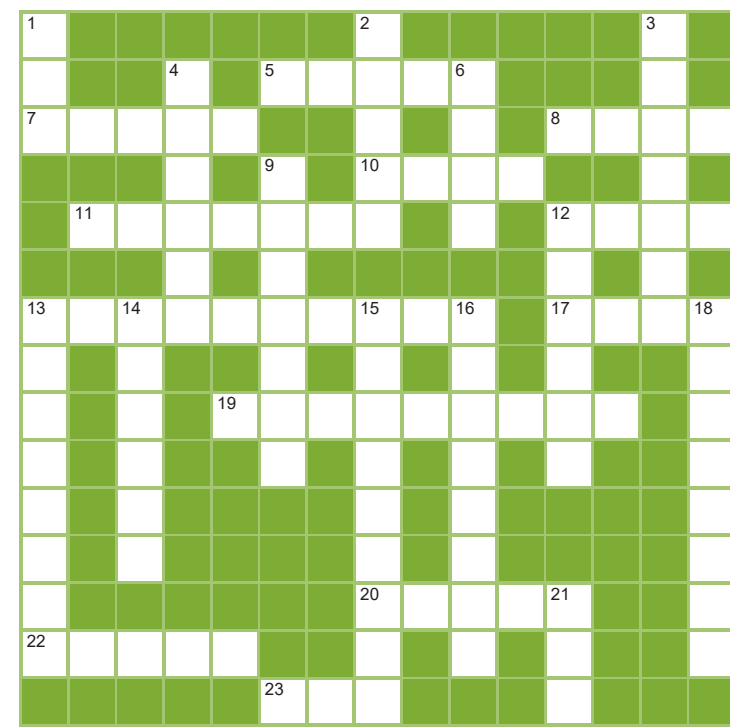
5	19		
28			
2	9		
+	-	x	÷

Solution for Medium 1
61 - 2 + 9 = 6

Hard puzzle 1

12	28		
53			
5	17		
+	-	x	÷

Solution for Hard 1
82 + 9 × (21 - 21)



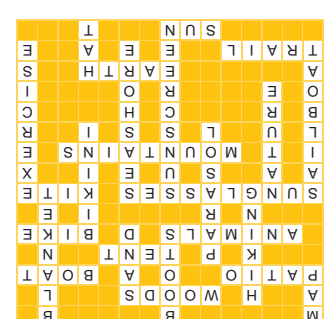
Down

- It shows us how to get from here to there (3)
- Hiking shoes (5)
- It keeps us warm at night (7)
- Adirondacks activity (6)
- Beach 'dirt' (4)
- Sun block (7)
- Girl's bathing suit option (6)
- Wind-powered craft (8)
- What we can see outside (6)
- It prevents sunburn (9)
- Shell-hunting paradise (8)
- Running, for example (8)
- Old ____ (passe) (3)

Across

- Fun place to hike (5)
- It's called a lanai in Hawaii (5)
- Watercraft (4)
- Where to keep the sleeping bag (4)
- The woods are full of them (7)
- You can ride it (4)

- Sunscreen for your eyes (10)
- Go fly a ____! (4)
- They may be snowcapped (9)
- The planet we live on (5)
- In the woods, we stay on this (5)
- "Green" energy source (3)

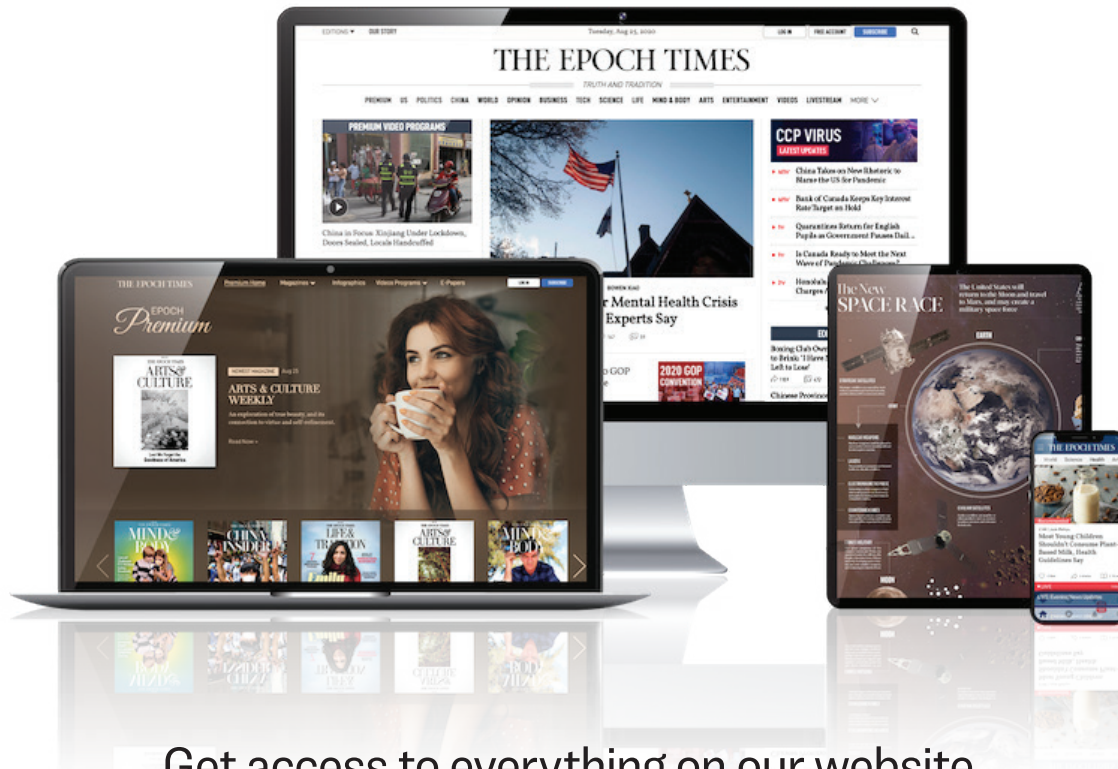


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4 Daily Games and Puzzles

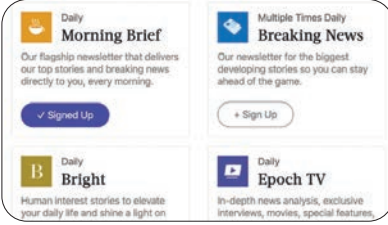


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