

THE EPOCH TIMES  
ARTS &  
CULTURE

COURTESY OF JOEL BABB



“Mount Desert Cliffs,” 2008, oil on linen; 72 inches by 52 inches. Collection of Janet Starr.

FINE ARTS

# Following Leonardo

American artist  
Joel Babb on becoming a  
successful realist painter

LORRAINE FERRIER

Maine-based realist painter Joel Babb very nearly became an abstract expressionist. But a series of events compelled him to follow past masters—Leonardo da Vinci, Claude Lorrain, and John Ruskin, to name a few—to become the successful artist he is today.

Babb’s work is featured in private collections and in prominent ones, including the Museum of Fine Arts in Boston and Harvard Medical School.

His paintings include architecture of ancient and Renaissance Italy, cityscapes of Boston, and woodlands, especially

those near his home and studio in Sumner, Maine.

**A Modern Beginning**

In high school, Babb immediately responded to abstract expressionist painting. At the time, he believed that the growing popularity of modern art was part of a long process of modernization when things were becoming better.

Princeton had a very strong program in Chinese painting, so besides learning Western art history, Babb was introduced to Chinese art too.

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TRUTH TELLERS

# Johannes Brahms

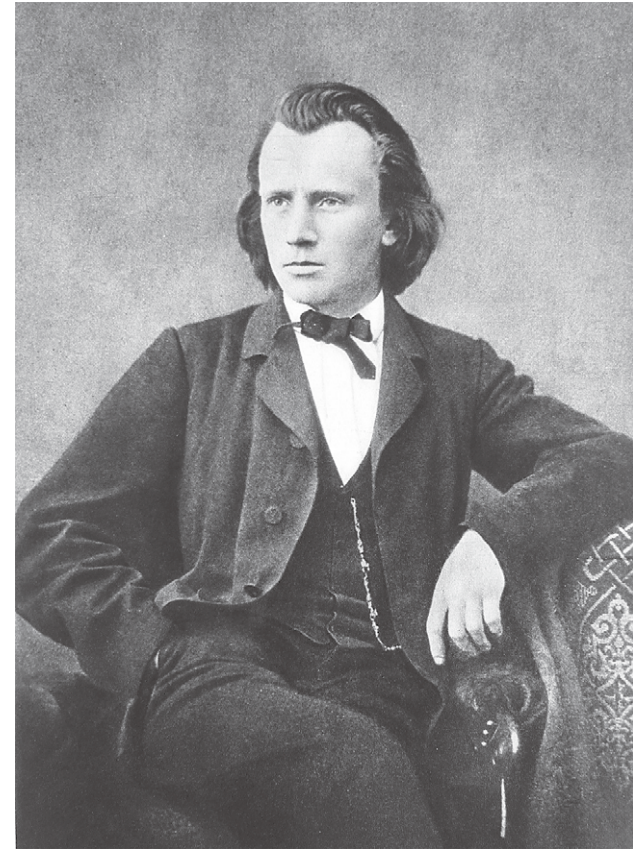
## Finding Answers Deeper Than Beauty

RAYMOND BEEGLE

Johannes Brahms might have been a genius, but he was still a man. He, like the rest of us, had to have his breakfast, make his living, and deal with adversity.

His close friend George Henschel, the English baritone, described Brahms, the man of 41 years as “broad-chested, of somewhat short stature, with a tendency to stoutness, clean shaven; his thick straight hair of brownish color came nearly down to his shoulder. What, however, struck me the most... was the kindness of his eyes.”

He loved the society of intimate friends, he was given to good natured sarcasm, he was humble before his art, and he was generous to friends.



A photograph of Johannes Brahms in 1866 by Lucien Mazenod.

**Brahms the Composer**  
Brahms the genius is more of a mystery. Unlike ordinary mortals, a miraculous synthesis often took place in his mind: From everyday life, a vision would sometimes unfold. Thoughts and feelings would cast deep roots in his mind, become fragments of a melodic line, and after much labor, a piece of musical work would be born. This progeny would issue from the composer, take on a life of its own, make its way into the hearts of others, and continue to cast its spell long after its creator had passed away.

### Johannes Brahms's songs and choral works give voice to our need for love in all its forms.

Brahms spoke sparingly but candidly to friends about his creative genius. He once told Henschel that “a thought, an idea, is an inspiration from above for which I am not responsible. It is a present, a gift, which I ought even to despise until I have made it my own by right of hard work.”

In later years, he elaborated on this idea. Speaking of the “Odyssey,” he said, “Homer sought inspiration from above just as I do when I compose, and just as Beethoven did. ... I want to be inspired so that I can compose something that will uplift and benefit humanity—something of permanent value.”

One might find such ideas having little to do with ordinary people, but truly, it has everything to do with us and our common lot. Especially Johannes Brahms's songs and choral works give voice to our need for love in all its forms; they give voice as well to our suffering and our helplessness before fate. His music gives reassurance, consolation, hope, and endows even the meanest existence with dignity.

Brahms set to music the texts of the foremost poets, addressing the significant milestones of life's journey—the journey of “Everyman.” Youth's kinship with nature, the awakening of love in all its forms, and the experience of loss—the human condition, in a phrase—ultimately lead to the great spiritual world that unfolds before us.

For example, “Die Mainacht” (“May Night”), set to the text of 18th-century German poet Ludwig Christoph Höltz, expresses our longing for union with another soul, our intimate connection to nature, and its power, through beauty, to fill us with wonder.

“Treue Liebe dauert lange,” by Ludwig Tieck, celebrates the achievement of such a union. Its sublime melodic lines breathe life into the poet's words: “True love long endures. May it ever be removed from sorrow and never disappear, this beloved, blessed, heavenly joy!”

Though love remains, the beloved, in the course of time, is taken from us. When Brahms suffered the loss of his friend Anselm Feuerbach, the brilliant German painter, it was the source of profound sorrow; still it served as a catalyst for one of the composer's finest works, “Nänie.” The text from Friedrich Schiller's lament cites the deaths of the classical Greek figures Eurydice, Adonis, and Achilles: “Even the beautiful must die... even the most perfect shall perish... but a song of lament on the lips of one who loves is wondrous.”

A song of lament might be wondrous and beautiful, but it is of little comfort in the time of grief. “Schicksalslied” (“Song of Destiny”) looks grief straight in the eye. The poet Friedrich Hölderlin wrote: “To us is given no place of rest. Mankind suffers, blindly he shrinks, he falls from one hour to another, like the waters ever driven from cliff to cliff into the unknown.”

Ultimately, people come to realize that they need answers deeper than those beauty can supply. It is often at a time of crisis when a broad spiritual horizon appears, and solid ground is felt under one's feet. After the death of his beloved Clara Schumann, Brahms, in his despair, set the text from the Gospels:

“And ye now therefore have sorrow; but I will see you again, and your heart shall rejoice, and your joy no man taketh from you.”

This was the revelation of Johannes Brahms the man, and the genius. He told his close friends that such works come “directly from God.” Yes, they come directly from God. They enter our hearts, and our hearts do, indeed, rejoice.

*Raymond BeeGLE has performed as a collaborative pianist in the major concert halls of the United States, Europe, and South America; has written for The Opera Quarterly, Classical Voice, Fanfare Magazine, Classic Record Collector (UK), and The New York Observer. BeeGLE has served on the faculty of the State University of New York-Stony Brook, the Music Academy of the West, and the American Institute of Musical Studies in Graz, Austria. He has taught in the chamber music division of the Manhattan School of Music for the past 28 years.*

WHAT GOOD IS POETRY?

SEAN FITZPATRICK

A white tomb overlooks the sea on a mountain in Samoa. It is the final resting place of one the natives called “Tusitala,” the Teller of Tales. Dead men tell no tales, and so it is for this man who told of pirates, knights, and swashbucklers: Robert Louis Stevenson. But his tales live on, despite the silence that hovers smilingly over his grave.

Set into the hard marble of this solemn sepulcher is a weathered bronze plaque presenting a very cheerful bit of poetry.

Under the wide and starry sky,  
Dig the grave and let me lie.  
Glad did I live and gladly die,  
And I laid me down with a will.

This be the verse you grave for me:  
Here he lies where he longed to be;  
Home is the sailor, home from sea,  
And the hunter home from the hill.

These are the parting words, the last conclusion, of the Scottish storyteller. After a lifetime of struggle to quit his bed and live out the appetite for life that he could only write about, Stevenson sailed to Samoa, in weary pursuit of a climate that would agree with his fragile and failing constitution.

It was there—as he was speaking to his wife, Fanny, and opening a bottle of wine—that Stevenson collapsed and finally came to rest in 1894 at the age of 44. And thus came about the publication of the poem he wrote for his epitaph, titled “Requiem,” the Latin word for “rest.”

Robert Louis Stevenson's graveyard verse is as lively as any melody in his collection “A Child's Garden of Verses.” It has something of the steel that sparkles in “Treasure Island” and something of the strength that struts in “Kidnapped.” It holds part of the human paradox, as “The Strange Case of Dr. Jekyll and Mr. Hyde” held another, and part of the fateful culmination of “The Master of Ballantrae.” It is a good poem because, like so many of his stories, it is about something good.

**All good poems are nostalgic in the sense that they bring us home to some truth.**

Robert Louis Stevenson, circa 1880, the Scottish writer who wrote enduringly popular 19th-century novels as well as poetry.

Coming Home

What makes this poem good is that it is nostalgic, both in its meaning and its effect. All good poems are nostalgic in the sense that they bring us home to some truth—the word “nostos” meaning a “heroic homecoming” in Greek.

Good poetry returns us to a place or perspective that has proper proportion to the human imagination and intellect. They return us to some place where we belong and have somehow wandered away from, perhaps without even knowing it, making our experience a kind of homecoming, which is one way in which knowledge can be called poetic.

This homecoming can also be applied to the understanding of death when it comes

for one who has lived fully and fruitfully. Death, for the good man, is nostalgic, as strange as that may sound. This world is home for no man. We are all just passing through.

Despite the grim connotations of the reaper who reaps among the flowers, death is a well-earned and well-deserved sleep for a tired man; the grave is as a bed. There are, of course, various strains of theology that argue that death is when life really begins. Life is labor, but if it be a labor of love, then death is nothing more than a rest, a requiem.

In his lovely biography of Stevenson, G.K. Chesterton wrote:

“He died swiftly as if struck with an arrow and even over his grave something of a higher frivolity hovers upon wings like a bird; “Glad did I live and gladly die,” has a lilt that no repetition can make quite unreal, light as the lifted spires of Spy-glass Hill and translucent as the dancing waves; types of a tenuous but tenacious levity and the legend that has made his graveyard a mountain-peak and his epitaph a song.”

So is the optimism of Stevenson set in stone with a permanent playfulness, as Chesterton intimates. “Requiem” is a fitting stop, a fitting rest, for such a tireless teller of the stories of life. It gives a congenial and confident perspective of death by dismissing the horror of the hereafter and dwelling on the hope of a homecoming.

But the fact of the poem is that, for the life well-lived, death is something as welcome and wonderful as home. So may it be, and may each and every one of our epitaphs read, “Glad did I live and gladly die.”

*Sean Fitzpatrick serves on the faculty of Gregory the Great Academy, a boarding school in Elmhurst, Pa., where he teaches humanities. His writings on education, literature, and culture have appeared in a number of journals including Crisis Magazine, Catholic Exchange, and The Imaginative Conservative.*



## What People Are Saying



I read The Epoch Times daily. I still like hard papers [...] and I still like to grab that paper in my hand, but I get more printed versions of stories than ever before. You guys have done an amazing job, and really—I think there's such a void in media, especially newspapers. They slant so solidly one way that **there are very few papers that I can really feel that I can rely on, and The Epoch Times is one.**

**SEAN HANNITY**  
Talk show host



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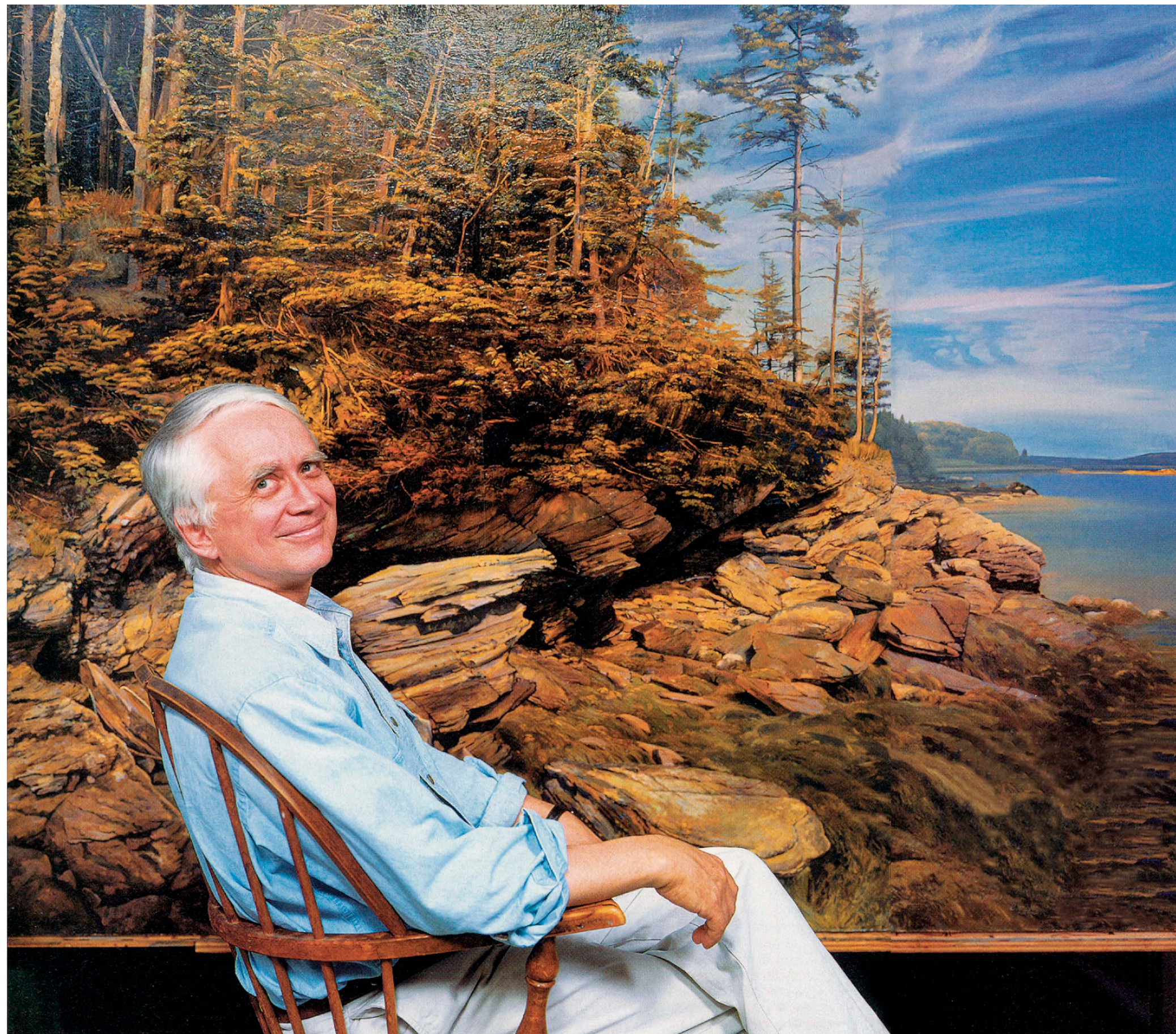
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"Crystalline, The Big Cypress Preserve, Florida," 2004, by Joel Babb. Oil on linen; 40.5 inches by 48 inches.



Realist artist Joel Babb seated in front of one of his paintings.



## FINE ARTS

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American artist Joel Babb on becoming a successful realist painter

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"It's a wonderful tradition of which I knew nothing about at the time," Babb said in a telephone interview. He was taught by the late Wen Fong, who went on to become a curator at The Metropolitan Museum of Art in New York.

Babb recalls a 1969 exhibition called "In Pursuit of Antiquity: Chinese Paintings of the Ming and Ch'ing Dynasties From the Collection of Mr. and Mrs. Earl Morse." He learned that Chinese painters looked to the past, to the Northern Song or earlier traditions, emulating the earlier style as an expressive mode.

"What fascinated me was that an artist could paint in the style of various early masters, not just imitating one. There was a reverence and deep understanding of the past. This was so different from the obsession with innovation and originality in modern Western art," he said.

Babb found something similar when he spent seven months in Italy, on what he says was the start of his personal "pursuit of antiquity." In Rome, he noted that "artists who were painting in the late 15th century were really pursuing an enterprise very similar to that [of the Chinese artists] in terms of trying to re-create what the Greco-Roman tradition had been doing."

He was fascinated by how the different eras—the Renaissance and Baroque, for example—rediscovered and reinterpreted classical antiquity in art and architecture. "So the sort of a simplistic idea of modernism superseding and being better than everything that had come before it just was not all that interesting [to me] anymore," he said. He realized that all the early modernist movements, like dadaism and so forth, which had so fascinated him, were disruptive to the whole cultural tradition of art.

## Learning Art Anew

Babb had other realizations in Italy. "I pretty much realized I could not draw very well and that if I really wanted to seriously

be an artist, I really had to learn how to practice my craft in the same way as if I were a classical musician. I'd be able to read music and play an instrument and really have a deep understanding," he said.

Although he was a graduate of Princeton, working on a Master of Fine Arts degree at the School of the Museum of Fine Arts at Tufts University in Boston, he had to learn the basics.

"The reason I went to Boston was because the museum school had a reputation for being very strong in that traditional approach to the techniques of painting and drawing," he said.

When he got there, he realized that wasn't the case at all. "They had had a revolution, and all of the traditional faculty had left the school and gone somewhere else. And so it was all Bauhaus [artist collectives that created geometric and abstract art] and modernism, and the things that came after at the Boston Museum School," he said.

"There were, however, a few holdovers from the traditional way of teaching art. The museum had a studio where students could copy paintings. And he learned how to grind colors, make gesso and oil paints, and create egg tempera paintings.

But in general, he believes that schools now emphasize innovation: being different and revolutionary. "I do think that in the art schools, we have really missed out. We have not transmitted enough of what is really important about the art of the past to our new students," he said.

## An Apprenticeship With Leonardo

In that early period, Babb felt that he was on his own. Having returned from Italy and having studied art history, something magical happened. "I found myself sort of unconsciously following Leonardo," he said.

As Babb studied Leonardo's system of perspective, he found it to be a transformative process: "Because all of a sudden you [could] see vanishing points, and eye levels and transverses, and all this stuff all around you which you would never be aware of if you hadn't been trained in that."

“I found myself sort of unconsciously following Leonardo.”

Joel Babb, painter

Then, Leonardo was with him again when he was asked to teach an anatomy course for artists. "I actually went over to Boston University Medical School and was able to attend the anatomy lab for the dissections and do drawings. ... It was just a parallel to what Leonardo would have done back in the late 1400s.

"I remember the first few weeks after I was in there, I started looking at everyone as if they were sort of a complicated machine with hinges and pulleys, and [that] they were operating all this machinery just so completely unconscious of having it, or knowing how. It was very interesting," he said.

In the 1970s, Babb used to camp on the land where his home and studio now stand in Sumner, Maine. He remembers sitting in the field and doing pen and ink drawings of plants and wildflowers, emulating Leonardo's style of drawing.

"I realized that all artists are sort of starting from scratch that way, at all times. And of course, it really helps if you have a master who already knows it to learn from, so you're not creating the whole universe from scratch," he said.

## Between Boston and Sumner, Maine

Two American landscapes dominate Babb's paintings: the city scenes of Boston and the natural scenic treasures of Maine. Looking back, Babb often wonders why he divided his career between two very

different types of landscapes. He went on to say that the city is an environment controlled by linear perspective. Everything is designed by architects, and objects are arranged artificially. Whereas, on the other hand, nature is ordered along completely different lines. It's sort of self-organizing and disorderly, he said.

Boston features in Babb's painting "Copley Plunge," which is now in the collection of the Museum of Fine Arts. Babb entered a competition with two other artists to design a painting for a subway station in Boston. His idea was to create a ceiling painting that would give the illusion of "the neighborhood above ground."

To understand the composition, Babb hired a helicopter and pilot and then flew over the neighborhood surrounding the subway station.

"I became tremendously interested in the aerial perspective of the city," he said. He mapped out the neighborhoods using an isometric perspective, like the paintings in Japanese and Chinese cityscapes, where objects don't really have a vanishing point, Babb explained.

"When you're in a tall building [and looking down], the verticals of the buildings actually do line up at a point that's directly beneath your feet," he said. He used this one-point perspective in "Copley Plunge," where the vanishing point is straight down rather than out on the horizon somewhere, he explained.

At one time, Babb was creating photo-realistic paintings, in other words, paintings that appear to be photographs. The light spreads evenly over those compositions, he said.

His painting "The Hounds of Spring" is one example of photo-realism. It shows a different perspective from "Copley Plunge." Babb wanted to create a doorway effect so that viewers feel as though they can almost step into the painting. In the foreground, the plants and rocks are life-size and highly realistic. Babb explained that as you proceed into the painting, up the hill, "the space of the picture will be like transitioning from a microcosm into a macrocosm." The painting is one of a series of contemporary photo-realist paintings he created.

But photo-realistic painting is in Babb's past: "I don't aspire to be a photo-realistic painter. I want my paintings to look like paintings. I want to see brushstrokes, and I want to interpret the color in a more traditional way."

Babb's realist art adheres to the ideals

of 19th-century art critic and patron John Ruskin. For Babb, this means, "You should study nature with great humility and not try to impose your own ideas of what it should be on it, but try to learn from it."

"In a nutshell, the philosophy of realism is that if you really look and explore a very small corner of the universe, you can perceive immense natural forces and universal principles that apply everywhere. I'm not quite sure how the alchemy of that works, but that's the aspiration," Babb said.

Past realist painters have helped with that aspiration. "When I think about my own struggle with trying to represent nature, I didn't get very far until I discovered the drawings of [French painter] Claude Lorrain and the way that he structured the space and the composition."

Lorrain's drawings showed Babb "how to structure recession in a natural landscape, overlapping foreground, middle ground, [and] far distance, [and by] alternating light and dark masses, and atmospheric perspective."

"That traditional way of representing space enabled artists to really represent nature much better," he said.

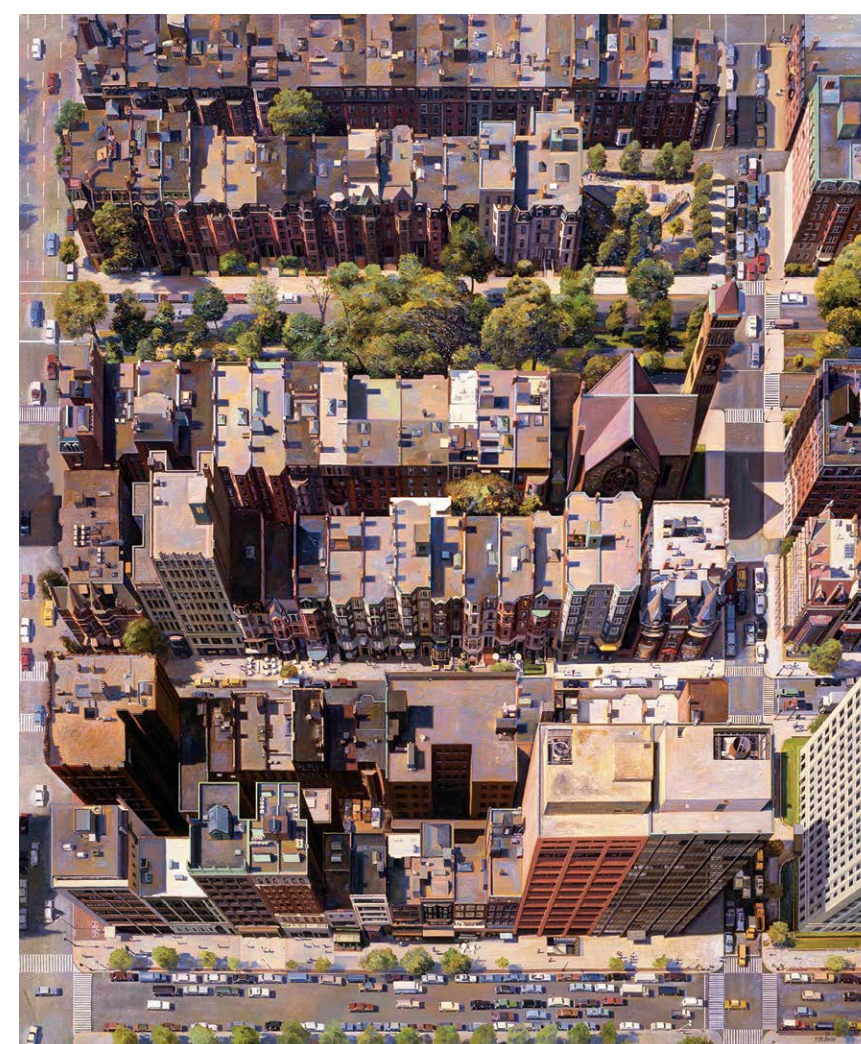
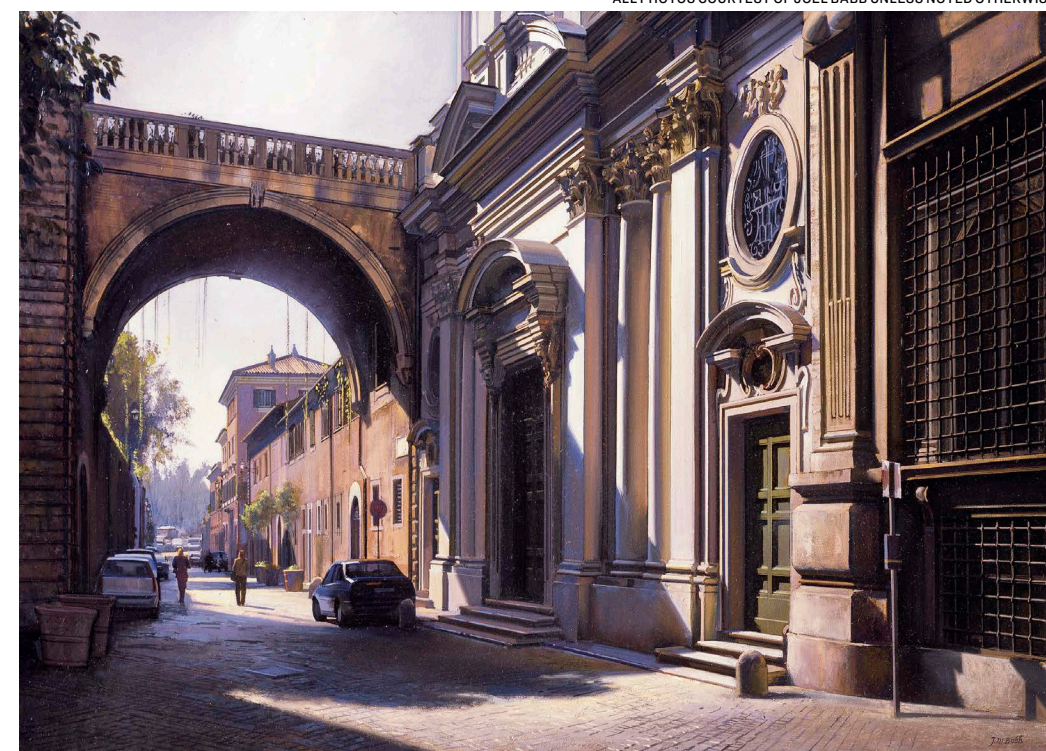
## A Heartfelt Painting

Most of Babb's artworks are landscape paintings. He has, however, painted a series of historical medical paintings. The reason is literally close to his heart. At 13 years old, Babb had heart surgery. "It was sort of a live or die proposition, and it was very traumatic," he said. So in the 1990s, when Babb got a call from a doctor who wanted him to paint the first successful organ transplant, carried out at Brigham and Women's Hospital in 1954, it piqued his interest.

He'd always been fascinated by history paintings. "Here it was, a historical event with the possibility of doing a significant painting ... and so it just appealed to me in all sorts of ways," he said.

The room where the surgery took place no longer exists, so Babb worked from two black-and-white photographs that were taken during the surgery. He also attended surgeries to become familiar with the operating room setup. Dr. Joseph Murray, who carried out the world's first successful kidney transplant and who received the Nobel Prize for his work, showed Babb around the hospital.

The painting now hangs prominently in The Francis A. Countway Library of Medicine at Harvard Medical School, opposite "The First Operation With Ether," painted



(Above) "On the Via Giulia, Santa Maria dell'Orazione e Morte," 2008, by Joel Babb. Oil on linen; 20 inches by 28 inches.

(Left) "Copley Plunge," 1990, by Joel Babb. Oil on linen; 82 inches by 65 inches, Museum of Fine Arts, Boston.

“I want my paintings to look like paintings. I want to see brushstrokes, and I want to interpret the color in a more traditional way.”

Joel Babb, painter

by 19th-century American portraitist Robert C. Hinckley. That painting details the first use of anesthesia surgery, which occurred at Massachusetts General Hospital on Oct. 16, 1846.

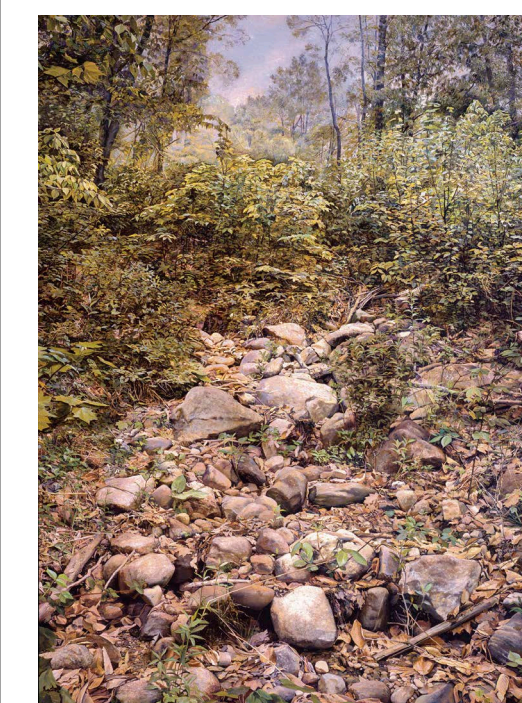
The doctors who commissioned Babb's painting said to him that Hinckley depicted "the most important surgical innovation of the 19th century, and our operation, in all modesty, was the most important surgical innovation of the 20th century."

## Western Art Heritage

Babb believes that a successful painting is the result of a combination of artistic processes coming together. He suggests that artists spend a third of their time painting outdoors and maybe a third of their time painting from photographs, and then the remaining third of their time painting from just their imagination.

"I love painting outside. And I think it's a necessary antidote to using photographs and working in the studio because [in photographs] you don't see color the way the eye really sees it in strong light until you work outside," he said.

Reflecting on his journey as an artist so far, Babb experienced modernism's sway and the drive to be innovative early on in his school study. But as he moved into realist art, he experienced a sheer reverence for nature and also for the great traditions of the past, about which he's adamant we shouldn't ignore.



"The Hounds of Spring," 1988, by Joel Babb. Oil on linen; 96 inches by 68 inches. Collection of Harvard Business School.

To find out more about realist painter Joel Babb's paintings, visit [JoelBabb.com](http://JoelBabb.com)

"The First Successful Organ Transplantation in Man," 1995–1996, by Joel Babb. Oil on linen; 70 inches by 88 inches. The Francis A. Countway Library of Medicine at Harvard Medical School, Boston.



"Painting by the Brook, Breughel Watching," 2012, by Joel Babb. Oil on linen; 48 inches by 42 inches.





REWIND, REVIEW, AND RE-RATE

# Young Director Stanley Kubrick's Scathing Indictment of War

IAN KANE

"Full Metal Jacket" (1987) is a modern-day war classic by all accounts. It covers the Vietnam War: Everything from the stressful weeks that men spent in boot camp, all the way to the brutal carnage during the soldiers' climactic street and jungle battles. But it wasn't director Stanley Kubrick's only war-movie masterpiece. There is also one of his earliest works, 1957's "Paths of Glory."

The film is set in 1916, right in the middle of the World War I (1914–1918). Germany has attacked France, and after grueling trench warfare on the Western Front, the two world powers have settled into an uneasy stalemate where successes are measured in hundreds of yards.

This stalemate doesn't sit well with the French army's general staff. They want to break through the impasse, impose their will upon the Germans, and kick them out of their country.

**'Paths of Glory' is an excellent war drama with gorgeous sets and outstanding acting.**

With this in mind, French Army Gen. Broulard (Adolphe Menjou) pays a visit to his old friend, Gen. Mireau (George Macready), who resides in an opulent French château. Broulard informs Mireau that headquarters is gearing up for a big offensive to break through the German lines. But Mireau tells Broulard that his men are war-weary and in need some good old rest and relaxation.

When Broulard dangles a promotion in front of Mireau—already preapproved by headquarters—he accepts the arduous mission. So hungry is Mireau to add an-



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other star to his uniform that he doesn't waste any time and tells Broulard that his entire division, the 702nd, will be moving out in a mere couple of days.

The only problem is that the 702nd has dug in right in front of a high-impregnable German fortress on a hill dubbed the Ant Hill.

Mireau travels to the front lines to the 702nd's field commander, Col. Dax (Kirk Douglas), who was one of the most revered attorneys in all of France before joining the military. The two men clearly care little for one another, as evidenced by verbal barbs they fling back and forth.

When Dax informs Mireau that his men are already stretched to the limit of their endurance, Mireau chastises him and challenges his bravery. Dax reluctantly acquiesces but knows that Mireau's orders to storm the Ant Hill will result in severe casualties for his unit; it's a suicide mission.

In a beautifully heroic scene, Dax walks through the trenches to boost his men's morale as artillery barrages explode all around them, coating everything in swathes of dirt. His men thus steeled, he courageously climbs out of the trenches and leads his men through "no man's land," the wide patch of land between the French and German trench lines.

Ironically, quite a number of men already

Kirk Douglas plays the heroic Col. Dax in "Paths of Glory."

## 'Paths of Glory'

**Director**  
Stanley Kubrick

**Starring**  
Kirk Douglas, Ralph Meeker, Adolphe Menjou, George Macready

**Running Time**  
1 hour, 28 minutes

**Not Rated**

**Release Date**  
1957

★ ★ ★ ★ ★

occupy the place—it's just that they're all dead.

When the first wave of the attack is obliterated by the Germans, Mireau orders the second wave, "B Company," to move in. However, B Company men are hunkered down in the trenches behind French front lines and refuse to budge, citing the obvious—that they'll end up getting smashed to pieces as well.

Mireau ruthlessly orders the battery commander to fire on B Company as a way of both punishing them and spurring them into action. But the battery commander rightly regards Mireau's order as illegal and won't comply unless he sees it in written form.

When Dax, who barely survived the first wave, runs back to rally B Company, a French soldier's corpse flies out of no man's land and collides with him—symbolically drawing the failed assault on Ant Hill to a close.

Mireau is furious with the 702nd's failure and accuses them of the ultimate military sin: cowardice. At first, Mireau wants 100 men from the unit court-martialed for defying his orders. However, the more sensible Gen. Broulard steers Mireau away from his impulsively commanded punishment and gets that severe number reduced to just three—one soldier from each of the division's three companies: Cpl. Philippe Paris (Ralph Meeker), Pvt. Pierre Arnaud (Joe Turkel), and Pvt. Maurice Ferol (Timothy Carey).

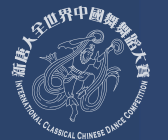
Dax steps in to defend the three men, knowing that if convicted, they'll be brought before a firing squad. But as the trial begins, he begins to sense that it's not quite legitimate—more of a farce than anything.

Douglas is fascinating as a man who sticks to his convictions, despite the great risks to his career. Meeker, Turkel, and Carey are poignant in their depictions of doomed men awaiting trial. But George Macready as the monstrous, power-hungry Gen. Mireau is so convincing that he generally steals every scene he's in, barring, of course, those with Kirk Douglas.

"Paths of Glory" is an excellent war drama with gorgeous sets and outstanding acting. And as an extra treat, it gives us a look at Kubrick's burgeoning directorial talent.

*Ian Kane is a filmmaker and author based out of Los Angeles. To learn more, visit [DreamFlightEnt.com](http://DreamFlightEnt.com)*

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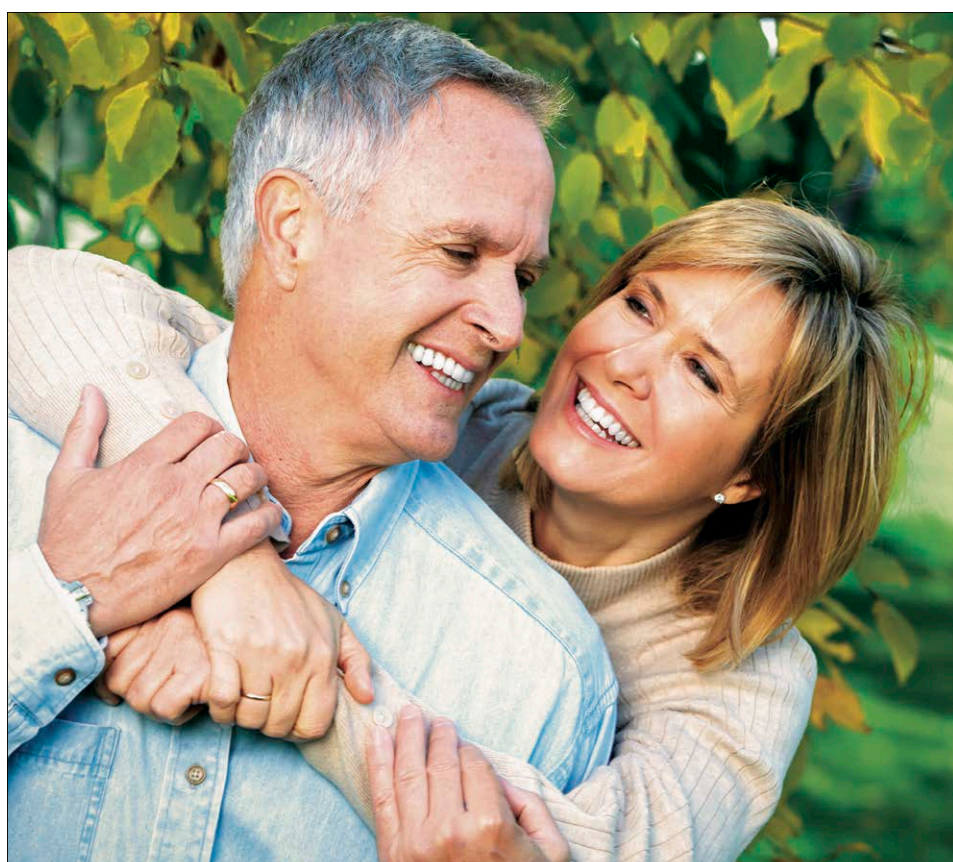
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Puritang plant based Omega-3,6,7,9 is made from purslane and perilla seeds. It contains over **61%** concentration of omega-3 – the highest possible without chemical additives, not possible to derive naturally from fish or other plants, and this combined with omega-6,7,9, accounts for more than **90%** of product content!

Purslane is nature's gold mine of omega-3, containing the highest level of any green plant. Besides 0% trans fat and 0% hormones, this product is 100% organic and 100% natural. It has no fishy aftertaste or risk of ocean-borne contaminants. It is also non-GMO. Made in Korea.

**Order Online!**



Puritang Green Vegetable Omega 3, 6, 7, 9 Inspired by Nature. Made from the Heart.

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