

THE EPOCH TIMES

LIFE &

TRADITION

ALL PHOTOS BY SHUTTERSTOCK UNLESS NOTED OTHERWISE

—

What does it mean to be
an American in 2021?
What makes us Americans?

MEMORIAL DAY

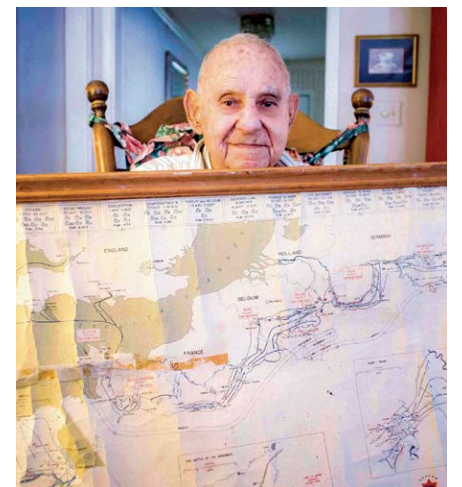
REMEMBERING THOSE
WHO GAVE THEIR LIVES

Pulling Back the Curtain on the Unsung Heroes

DUSTIN BASS

Late last year, I was invited by a friend to come along for an official county visit to honor a 100-year-old veteran of World War II. His name was George Kaleel. The county commissioner had decided to surprise him with a certificate of appreciation for his service and to commemorate the fact that

COURTESY OF DUSTIN BASS



World War II veteran George Kaleel.

he had reached the century mark.

I drove up to a quaint home located at the end of a long street. His daughter and granddaughter greeted us and introduced us to a man who couldn't have been more than 5-foot 6-inches. He appeared most definitely shorter with the hunch of age. His mind, however, was still crisp and his personality full of life.

The relatively quick introduction would turn into a documentary project about his experiences in the war that would span several months. I sit here writing this article in honor of Memorial Day and of all those who have now passed on, which now, as of this April 19, includes Kaleel.

I was about a week away from showing a rough draft version of the documentary to him, his daughter, and granddaughter when I received word that his heart had given out and he was gone. To know the project was so near completion and that he wouldn't get the chance to see it was heartrending. Friends and colleagues, even his family members themselves when I attended his funeral, said that it was enough to have captured his story before he passed. And I'm certain, in the grand scheme of things, it is.

Kaleel was a truck driver for the First Army's 7th Corps. His first day of the war was June 6, 1944—D-Day—and his journey sent him through the beaches of Normandy, through war-torn Belgium, across the Rhine River, and into the heart of Germany. He was part of the capture of 8,000 Germans on the shore of Utah Beach.

Continued on Page 3

JEFF MINICK

On the lawn of the county courthouse in Waynesville, North Carolina, is a rough stone memorial honoring the county's Vietnam War dead. Engraved on this monument are the names of "Haywood County's Sons Who Sacrificed Their Lives in the Republic of South Vietnam." At the foot of this stone slab is a cast metal pair of unlaced combat boots.

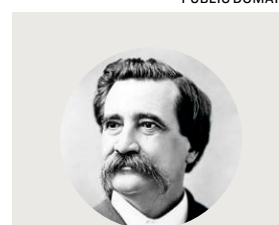
Many of the names inscribed on this simple memorial—Brown, Frazier, Moody, Rogers, and others—have echoed in Haywood's hills

and hollers for generations. The ancestors of these dead men probably fought as well in American conflicts ranging from the American Revolution to the Korean War. Moreover, many of the men whose names are written on this memorial undoubtedly have some relatives who knew them and who are still living, brothers and sisters, cousins, and perhaps even children.

Those few who remember these dead soldiers, sailors, Marines, and airmen surely recollect them as they were in their youth, still saddened after 50 years by the loss of their loved ones.

Continued on Page 2

PUBLIC DOMAIN



Gen. John A. Logan
(1826-1886)
advocated making
Memorial Day,
originally known as
Decoration Day, an
official holiday.

Navy SEAL Widow Learns How to Grieve and Live Again

ANDREW THOMAS

When our country's service members are killed in action, they aren't alone in making the ultimate sacrifice. Their families also bear the burden. Char Fontan Westfall continues to carry the loss of her late husband Navy SEAL Jacques Fontan, but she's learned how to grieve and how to live again.

Westfall met Fontan when he was serving at the Navy base in Jacksonville, Florida, as a rescue swimmer instructor in 1996. She was home from college that summer working as a lifeguard and swim coach, and their paths crossed almost daily.

"He was an absolutely wonderful man. He was funny, very into his family, his friends, very loyal, loved sports—I have never seen or heard a man who could recite so many facts about all different sports teams, not just the teams he liked but across the board in general. It was crazy," Westfall said.

Fontan pursued his dream of becoming a Navy SEAL as Westfall finished her last year of college. After he proposed to her, she moved to Coronado, California, to be with him, and the two married in 2000. She was very much in love but wasn't initially aware of the challenges of being married to a SEAL. He traveled often and could be called away at a moment's notice. When he was on deployment, communication and contact were limited.

Char Fontan Westfall struggled with grief and her faith in God following her husband's death.

Westfall with her current husband and their three children.



ALL PHOTOS COURTESY OF CHAR FONTAN WESTFALL

Getting the News

Westfall worked as a private tutor for an autistic child, and she would take him out as part of their lessons. One evening when they were out having dinner, she noticed a story on television about a helicopter that had been shot down in Afghanistan, and that it was unlikely that anyone had survived.

"I remember thinking: 'Oh my gosh. That's so sad. Let me pray for those families,'" Westfall recalled.

As Westfall drove home that evening, she received a call from a friend and fellow SEAL wife telling her she was trying to get as much information as she could about the incident. Westfall immediately thought back to the news footage she had seen earlier at the restaurant and felt something visceral in her stomach.

The next day, she heard that those who had been killed were part of SEAL Team 10, her husband's unit. She was used to hosting a weekly dinner that night, and her friends began arriving earlier than usual.

She went to the garage with one of her friend's husbands to get some charcoal for the grill when they heard car doors slam shut outside. They turned and saw three men in full Navy uniform walking toward them. The men asked everyone to leave and informed her that Fontan was missing in action.

She asked if there was a possibility that he was still alive but couldn't get an answer. The next day, they confirmed he had been killed in action when his helicopter was shot down trying to rescue his fellow SEALs during Operation Red Wings. The mission was made famous by the book and later the film "Lone Survivor," by Navy SEAL Marcus Luttrell.

"It was definitely rough. I had a feeling leading up to it once the information started coming in, but it's still just not something you want to fully believe until they actually tell you," Westfall said.

Learning to Grieve

The year following Fontan's death was a tumultuous one. They had sold their house and moved back to Florida, and were in the process of buying a new home for their future family. They had been

waiting to start a family until Fontan returned home.

Just five months following Fontan's death, Westfall attended her brother's wedding. Fontan was supposed to be a groomsman.

When Fontan's team returned from deployment in Afghanistan, Westfall witnessed her friends welcoming their husbands home. She felt utterly alone, but a friend from her parents' Bible group down the road befriended her. He was someone she could always depend on; she could call him when the grief became unbearable, and he would check in on her regularly. Yet she was still traumatized and began to question her faith.

"I grew increasingly angry with God in that first year, too, just because I didn't understand," Westfall said.

Westfall wished that someone would crash into her car to make all of the pain stop.

Her friend encouraged her to join him at church, but she would sit there in anger with her fists clenched during the service. But as she continued to go to church, her rage dissipated little by little, and she began speaking with her pastor who directed her to a Christian counselor.

She was very much in love but wasn't initially aware of the challenges of being married to a SEAL.

At first, she was skeptical about how talking with a counselor would help. How could they tell her anything that she didn't already know? But once she discovered that talking through her various emotions was helping her heal, she began to value the counseling. She realized that there was no handbook for grief and gradually learned how to cope with her emotions.

Over time, she learned to love God again. She also found love and happiness again when she started dating her friend. The two are now married and have three children. He is respectful, supportive, and attuned to her past.

"I can definitely look back and see where God was just there for me the whole time," Westfall said.

Helping Others

Honoring her late husband, she has continued to live her life and give back. Westfall now works with the Special Ops Survivor Foundation, the Lone Survivor Foundation, the Boot Campaign, and Team Never Quit. She also speaks with other spouses of fallen service members and shares her story to help them heal and encourages them to keep living. The process has helped her heal as well, and in an effort to expand her mission she wrote the book "A Beautiful Tragedy: A Navy SEAL Widow's Permission to Grieve and a Prescription for Hope."

"Just being able to give back in Jacques' memory to me feels like I'm keeping his memory alive," Westfall said.



The Brazilian town of Ouro Preto originated in the 17th century, when in 1693 gold was discovered in the region. Most of the town's architecture reflects its colonial Portuguese heritage.

LARGER THAN LIFE: ART THAT INSPIRES US THROUGH THE AGES

One of the Seven Wonders of Portuguese Architecture: Brazil's Church of St. Francis of Assisi

The former gold-mining town of Brazil's Ouro Preto is rich in Portuguese architectural treasures. The remote and rugged hillside town was built in the late 17th century, after gold was discovered in the region in 1693. At the height of the region's gold rush, 60 percent of the world's gold came from Ouro Preto, but by the 19th century the gold had been exhausted.

One aspect of Ouro Preto's rich heritage that still remains is its remarkable colonial buildings. The town is now a city and is itself on the UNESCO World Heritage list. And in 2010, the Portuguese government

compiled a list of the Seven Wonders of Portuguese Origin in the World. The list of significant landmarks, limited to the Portuguese Empire (1415–1999), includes one of Ouro Preto's churches: St. Francis of Assisi. Famous Brazilian architect and sculptor Antonio Francisco Lisboa, commonly known as Aleijadinho, designed the building and carved the decorative art inside the Baroque church.

According to UNESCO, Aleijadinho and the Baroque-Rococo painter Mestre Ataíde (formerly known as Manuel da Costa Ataíde), who created the church's

interior, were some of the first artists in Brazil to develop a genuine national style of art. This style developed partly out of necessity because of the shortage of labor and materials due to the town's remote location.

The church consists of two circular bell towers and one entrance, above which are sculptural reliefs carved in soapstone. Inside, Aleijadinho's ornate wood carvings and Ataíde's painting "Glorification of Our Lady Among Musician Angels" in which his depictions reflect locals, evoke a most serene and sacred atmosphere.

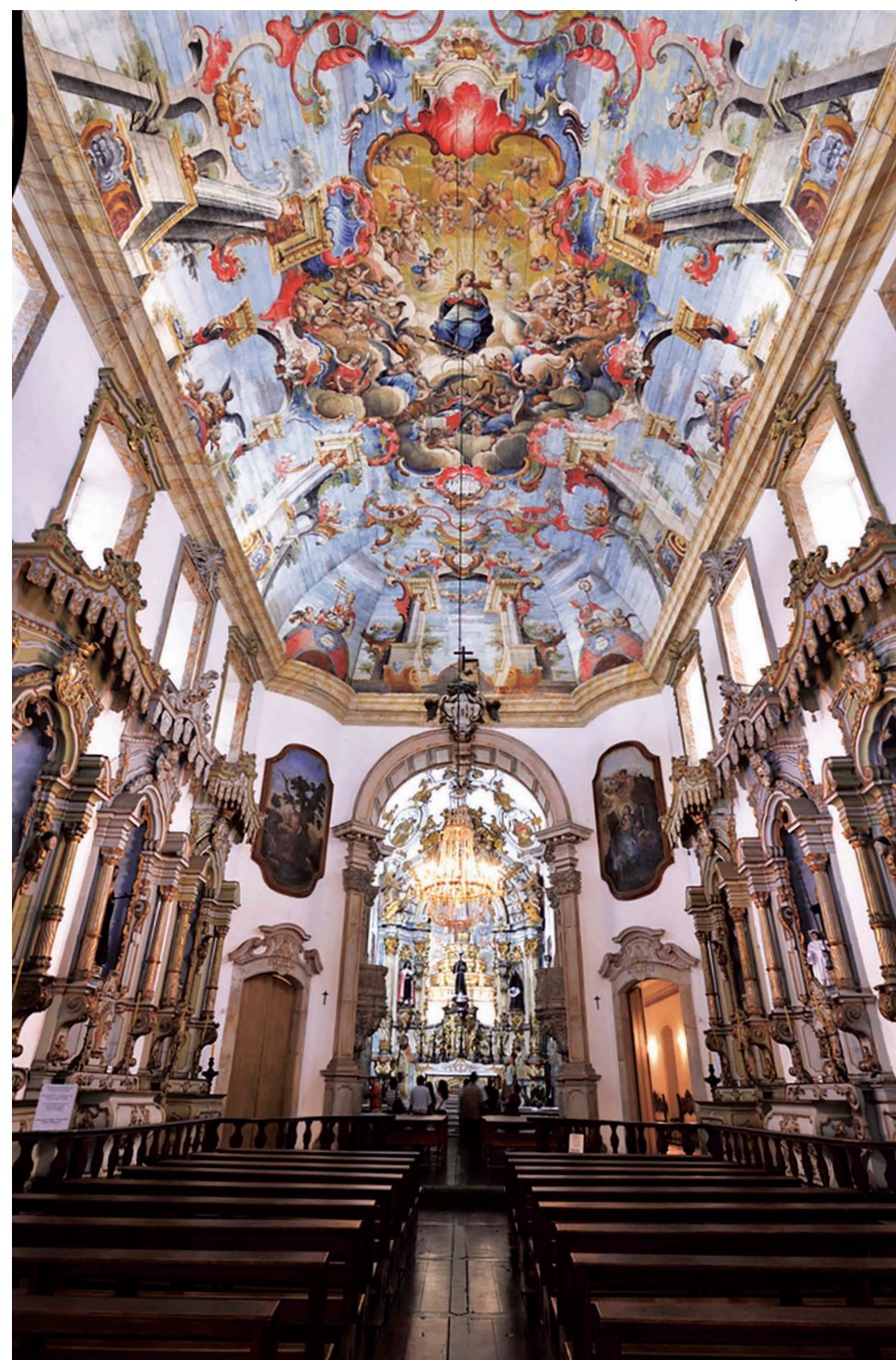


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FILIPPO TARDIM/CC-BY-SA 4.0



TETRAKTS/CC-BY-SA 3.0



(Top) Above the church entrance, St. Francis of Assisi receives the stigmata, in this vivid soapstone sculptural relief. (Above) A statue of the French king St. Louis, the co-patron of St. Francis of Assisi, in which lay worshippers commit themselves to living the Gospel according to St. Francis's teachings without having to take the cloth.

(Far Left) The harmonious church interior creates a reverent atmosphere. (Left) Baroque-Rococo painter Mestre Ataíde created the wonderful "Glorification of Our Lady Among Musician Angels" on the church's wooden ceiling.

DEAR NEXT GENERATION

'Look for Simple Interactions Where You Can Create a Wonderful Memory for Someone'

→ Advice from our readers to our young people

Dear next generation,

You can make a positive difference to people every day. Look for simple interactions where you can create a wonderful memory for someone.

When a school year or semester is over, take 30 seconds to thank your favorite teacher for their work. When you leave a coffee shop, take 10 seconds to thank a barista who has made a great latte or given excellent service. When someone makes the stupidest driving decision ever, disrupting your drive, smile, shrug your shoulders, and wave (five fingers). If you read something you liked, or learned from, write or email the person who wrote it thank you.

Over the decades, I've seen neighbors working on big yard projects. I will pull over, roll down the window, and say: "Wow, you're doing a lot of work, but it's paying off. It really looks fantastic." The smile you receive will light up your day. Now that I am older and have a few more pennies, I will give money or gifts to people

at times. Last week, I bought a bouquet of flowers for the doctor who gave me my COVID shot, saying thank you. Twice a year, I will stop where someone has been regularly twirling a sign for some business. I will hand them \$20, tell them I admire their work habits and know that they will be successful in the years ahead. Then I usually have to lift their jaw off the ground.

When a school year or semester is over, take 30 seconds to thank your favorite teacher for their work.

Saying to someone something like "Hey, that blue shirt really looks good on you" can really improve someone's day.

I like to check out items at antique malls. A few years ago, I got my coffee at the same place every day, so I got to know some of the baristas. One of them was an avid horse rider, per-

forming at shows and the like. I saw a small, unique (and cheap) horse item at a store one day, and purchased it for her. When I got my coffee the next day, she wasn't working, so I asked someone to put it in her box. Sometime in the future, as I pulled up to the drive-up window, she was there, and she just lit up.

"You have no idea how much I appreciated your gift," she said. "I was having the worst day and came to work with a horrible attitude. When I saw your present, my day turned around 180 degrees." By that time, I had honestly forgotten that I had given her something.

When you get the mindset of looking for opportunities to make a positive difference in people's lives, one can find countless opportunities that don't cost any money, opportunities that will really mean a lot to people.

—Tom Tangen, Washington

Dear next generation,

As a professor, I try to instill in my students the profound impact of work experience in helping to shape work ethic in the classroom and in the field. Often enough, students get too caught up in their grades or

grade point averages and fail to realize that experience matters when they apply for jobs after graduation.

Whether it be volunteering or paid service, there is no substitute for "real-world experience" as it serves to instill confidence in the individual and gives them a sense of purpose.

All the best,
Dr. Stephen P. Sowulewski, Virginia

What advice would you like to give to the younger generations?

We call on all of our readers to share the timeless values that define right and wrong, and pass the torch, if you will, through your wisdom and hard-earned experience. We feel that the passing down of this wisdom has diminished over time, and that only with a strong moral foundation can future generations thrive.

Send your advice, along with your full name, state, and contact information to NextGeneration@epochtimes.com or mail it to:

Next Generation, The Epoch Times, 229 W. 28th St., Floor 7, New York, NY 10001

HOMESCHOOLING

The Unexpected Spoonful of Sugar: Benefits of Structuring Your Homeschool

TRICIA FOWLER

My other's journal entry, July 20, 2004: I just can't seem to stay on top of my game. First, the kids got up and made a huge mess in their room while I was still asleep. Then, after a breakfast of cold cereal, the kids wouldn't leave me alone during my morning devotions. I put them in front of PBS for a half-hour to dress and brush my teeth when someone showed up at the door. Before I knew it, Matt was home for lunch, and I didn't even have the kitchen cleaned up from breakfast. He asked what we had been doing since he left for work and I turned red.

"Nothing," I answered.
"What are you doing this afternoon?" he innocently asked.

"Probably more of the same. The kids just take up all my time. I feel like I am running around putting out fires all day until I fall into bed and wake up to the same problems the next day."

This was my life in a nutshell prior to homeschooling. Although I had thought of myself as a disciplined person throughout high school, college, and my early career as a speech therapist, this mothering gig was hard, and it flew contrary to what modern philosophy had taught me: Stay-at-home wives and mothers weren't using their intellect and talents to their greatest degree. In other words, I thought taking care of the kids and the home was supposed to be easy. Every day I used the same poor techniques and got the same poor results.

Adding Homeschooling to an Already Full Life

My husband and I decided to homeschool that summer of 2004. I had a 2-year-old, a 4-year-old, and was due with our third child in September. I bought a very expensive kindergarten kit with all the bells and whistles to educate my firstborn who would turn 5 a couple of weeks after my baby was due. The date I planned on starting our first day of school loomed on the calendar like a colonscopy. If I couldn't accomplish desired tasks on a regular day, how was I going to add a new baby and homeschooling into it?

Four kids and 17 years later, I have certainly added a lot more into my days since those early years. I see my former self as brimming with energy and vitality but too indolent to channel it to the things that mattered. I spent way too much time assuming home duties such as the children's discipline, cleaning, and meal preparation would get easier with little effort on my part. Instead of striving for what I felt like doing, I needed



Planning ahead adds structure and organization to home and homeschool life.

to embrace and master my jobs at home!

What a concept! That meant time spent goal-setting, studying methods, and organizing tasks needed to be applied more rigorously in home life than I had applied it outside the home. This has worked itself out in degrees throughout the years. I am embarrassed to say that even the idea of waking at least an hour prior to the kids was novel to me. As I trained myself to be dressed, have my bed made, have my room cleaned up, have my devotions, and have breakfast made before the kids were even up, I came out of survival mode.

Slowly but surely, exercise was added to my morning routine. Chores were snuck in when I was already in the area, such as wiping the sink immediately after brushing my teeth. The kids, as they grew, also took on chores using a note card system I bought. We were even able to begin music lessons and some service projects. As I grew in these areas, improvement, not perfection, became my motto.

Adding the Homeschool Schedule

Unfortunately, the school schedule still lagged. I spent a lot of money on lesson plans with lots of little boxes to check off, but they didn't seem to fit our family's needs. Looking around the internet, I came across all kinds of ideas and finally decided on weekly calendars to pull school, chores, and other

loose ends together.

My husband built the spreadsheets for me with hours of the day along the left side and days of the week across the top. I spent many hours dividing the books in our homeschool curriculum into portions and entering the page numbers to be covered each day. Chores, music lessons and practice, and special events were slowly added. Later, inserting my favorite quotes at the top of each weekly schedule furnished a pop of inspiration.

When my kids ask me what I am doing those summer months at the laptop, I jokingly tell them, 'I am planning every detail of your life for next year.'

Every school year has its set of 36 weeks and, when necessary, I can rearrange scheduled elements during the summers before the next school year. When my kids ask me what I am doing those summer months at the laptop, I jokingly tell them, "I am planning every detail of your life for next year."

All joking aside, this statement is the beauty of my schedule! The continual bossing and nagging necessary to get everyone going in the right direction significantly diminished. It was very difficult for me to remember what task everyone should be completing at any given moment every day. How could I expect my kids to know what must be done if I couldn't keep track? My intentions were always good prior to the school year but they needed to be compiled and organized in such a way that I could communicate what was expected.

An Unexpected Gift

My schedule has given me another unexpected gift. When I give directions verbally, there appears to be a much greater chance the task will be disregarded or forgotten. But as my kids follow their schedule, many assignments go down like medicine with a spoon full of sugar. I don't know all the reasons for this, but I'm loving it! All the late nights dreaming and planning while making these magic schedules have been well worth the effort.

Tricia Fowler is a homeschooling momma in the Midwest. She currently spends much of her time teaching math, feeding sourdough, and helping with whatever is in season on the hobby farm she shares with her husband and seven children.



Through household chores, children learn habits they will carry for a lifetime.

tain rooms consistently or make running the vacuum a part of the nightly tidy-up if that works better.

Clean the Bathrooms

Ah, the most glamorous of the household chores. One way to encourage your children to not make a total disgrace of the bathroom is to put them in charge of cleaning it each day. Perhaps young children could begin by using natural and safe cleaning fluids like a mixture of vinegar, water, and lemon juice. Kids can manage towels and toiletries, and wipe down counters, sinks, tubs, and yes, toilets.

Do the Laundry

Oh, the laundry. Is there a more relentless household chore? As your kids grow, make sure they put away their own clothes properly each day and are competent in working the washing machine, the dryer, and even the iron.

Take Initiative

Finally, you'll have hit platinum-level parenting when you see your children begin to take initiative to better some part of the household. Perhaps they simply see a messy surface and take it upon themselves to clean it up. Perhaps they want to plant a garden and take the initiative to make that happen. Perhaps you wake up early one weekend morning and find them cleaning out your garage.

Encourage your children to take ownership and initiative in the care, maintenance, and improvement of the home you share together. Each task, chore, and project will instill in them the skills, standards, and good habits necessary to take good care of their own home someday.

PARENTING

Household Habits to Teach Your Children

BARBARA DANZA

While it may seem like a long way off, the little humans you live with and nurture are someday going to fledge the nest and find a nest of their own. When they do, it'd be nice if they knew their way around a washing machine. Here are some habits you can teach your children starting now.

Nighttime Tidy Up

Before everyone heads off to bed, rally the troops to get the dishes into the dishwasher, the couch straightened, the shoes put in the closets, the coats hung up, the counters wiped clean, the garbage taken out, the laundry put away ... Basically, put the house back in order and ready for the next day.

Teaching your children to participate in this nightly ritual will instill a valuable habit that they'll take into adulthood. This simple habit is chock-full of character-building mojo as they sacrifice now for rewards later, diligently work when they don't feel like it, consider other members of the household, and cooperate with the rest of the family to get the job done.

Waste Management

What day does the garbage get picked up? How about recycling? Who's in charge of managing the garbage receptacles in your house? If it's you or your spouse, consider outsourcing the job to a capable child.

Let the child know what night the garbage needs to be taken to the curb each week. Put them in charge of emptying all the trash cans at home, replacing the garbage bags, bringing the cans to the curb, and returning the cans to their place after the garbage truck has come.

Unloading the Dishwasher

Are you the only one in your house who knows where everything goes in the kitchen? If so, that's a huge red flag that your children over the age of, say, 2 need more responsibility.

Emptying a clean dishwasher and putting away the dishes properly is a great example of the type of effort it takes to keep a household running. Care for each item must be taken, everything must find its way to its proper place, and the job is done when it's done. As a bonus, the next time someone needs a spoon for her yogurt, she'll know just where to find it.

Make Your Own Bed

Do you make your kids' beds every day? If they are old enough to dress themselves, they can make their own bed. (If they're not, they can help.)

Many adults haven't embraced the benefits of this habit, but a made bed sets the tone for the day. It's one of the first things you do, offering you an easy win before the day has hardly begun. A made bed instantly makes the entire room look neater and cleaner. At the end of the day, it's another



Week 21, 2021

FOR KIDS ONLY

THE EPOCH TIMES



Our Flag

by Margaret E. Sangster

Fling it from mast and steeple,
Symbol o'er land and sea
Of the life of a happy people,
Gallant and strong and free.
Proudly we view its colors,
Flag of the brave and true,
With the clustered stars and the steadfast bars,
The red, the white, and the blue.

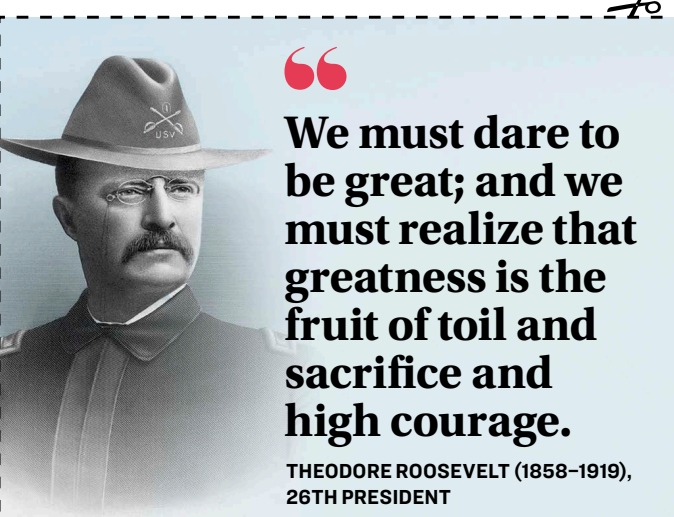
Flag of the fearless-hearted,
Flag of the broken chain,
Flag in a day-dawn started,
Never to pale or wane.
Dearly we prize its colors,
With the heaven light breaking through,
The clustered stars and the steadfast bars,
The red, the white, and the blue.

Flag of the sturdy fathers,
Flag of the loyal sons,
Beneath its folds it gathers
Earth's best and noblest ones.
Boldly we wave its colors,
Our veins are thrilled anew
By the steadfast bars, the clustered stars,
The red, the white, and the blue.



WHAT'S
GRAY,
HAS
FOUR
LEGS,
AND A
TRUNK?

GELPI/SHUTTERSTOCK



“
We must dare to be great; and we must realize that greatness is the fruit of toil and sacrifice and high courage.

THEODORE ROOSEVELT (1858-1919),
26TH PRESIDENT

HULTON ARCHIVE/GETTY IMAGES

By Aidan Danza, age 14

THE CARRIER PIGEONS OF WORLD WAR ONE

Cher Ami was awarded the French Croix de Guerre for heroic service.

The stuffed body of Cher Ami on display at the Smithsonian Institution.

British soldiers train a carrier pigeon in the south of England in this file photo.

In the spirit of Memorial Day, I would like to take this week's column to write about an unusual war hero—a pigeon who saved almost 200 lives in the First World War. The pigeon was named Cher Ami (meaning “true friend”) and the message it delivered allowed the troops in its division to escape certain death.

Cher Ami was a homing pigeon. If troops were too far away to communicate via other means, such as Morse code or radio, homing pigeons were used. These pigeons were trained to fly back to their coop from great distances away. This way, when pigeons were brought into an encampment, they could be released, with messages attached to their legs, and sent back to their home coop. Cher Ami was part of the 77th Infantry Division of the United States, and its time of service came on Oct. 3, 1918. The 77th was trapped in a small ravine, surrounded by the German army, which was rapidly inflicting great harm upon the “Lost Battalion,” as they were called.

The commanding officer, Maj. Charles Whittlesey, had already sent several pigeons to try to get help, and in response, an American artillery unit began barraging what they thought was the German Army. However, the artillery had miscalculated its aim and was unknowingly barraging the men they were attempting to help, killing 30 Americans. Whittlesey frantically sent all his pigeons to try to stop the barrage, all of which were shot down by the Germans. Finally, he came to his last pigeon, Cher Ami, and attached this message to its leg: “We are along the road parallel to 276.4. Our own artillery is dropping a barrage directly on us. For heaven's

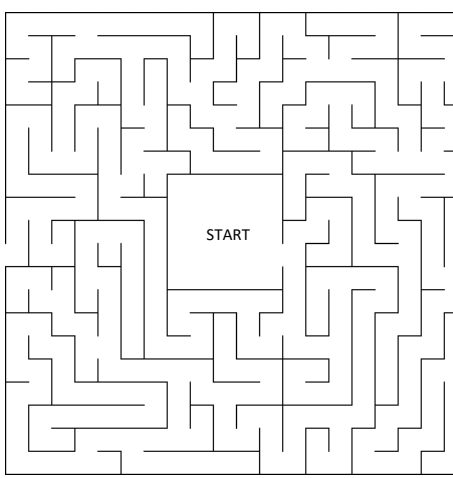
sake, stop it.”

Cher Ami took off in the air, flying surely and swiftly even after being blinded in one eye, shot through the chest, and in the leg that bore the message. In a moment, the 77th's last pigeon plummeted to the ground but

miraculously took off again with all its strength, flying 25 miles in 25 minutes, delivering the message that halted the barrage. The next day, the barrage was turned back on the Germans, turning the tide of the battle and saving the Lost Battalion.

(FRAMES) AZUREL/SHUTTERSTOCK (MEDAL); NATALE MATTEO/SHUTTERSTOCK; (MOUNTED PIGEON) PUBLIC DOMAIN; (SOLDIERS) PGP/HULTON ARCHIVE/GETTY IMAGES; (BACKGROUND) ZEF ART/SHUTTERSTOCK

AMAZING ESCAPES!



USE THE FOUR NUMBERS IN THE CORNERS, AND THE OPERANDS (+, - AND X)

to build an equation to get the solution in the middle. There may be more than one “unique” solution but, there may also be “equivalent” solutions. For example: $6 + (7 \times 3) + 1 = 28$ and $1 + (7 \times 3) + 6 = 28$

Easy puzzle 1

5	9		
31			
5	7		
+	-	x	÷

Solution For Easy 1

$$6 + 9 + 9 = 24$$

Medium puzzle 1

12	18		
15			
1	16		
+	-	x	÷

Solution for Medium 1

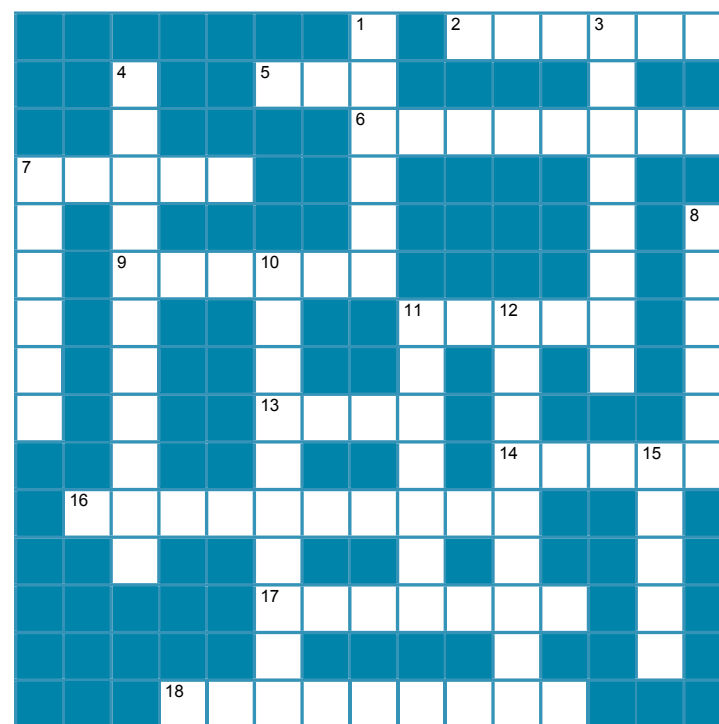
$$91 - 1 + 21 + 81$$

Hard puzzle 1

15	34		
34			
7	27		
+	-	x	÷

Solution for Hard 1

$$91 - 2 \times (22 - 48)$$



H I S T O R Y
A W E I D I O
T R I O N S O
O P E N I O
G A M E S I
C O U N T
I T
S E R I O U S
T E A M

Across

- Serious (6)
- _____ & games (3)
- Beholder (8)
- Holiday feeling (5)
- “First come, first _____” (6)
- Plucky (5)

Down

- Married (6)
- Well-thought-of (8)
- Type of plea filled with emotion (11)
- Brave (6)
- Dedicate (6)
- Winner! (10)
- Received gifts from God (7)
- “Author unknown” (9)
- Doesn't run when times get tough (5)
- “... _____ North strong and...” (4)
- Majestic (5)
- How we donate our time and money (10)
- Where we like to celebrate Memorial Day (7)
- Likes to share (9)

THE
EPOCH
TIMES

TRUTH *and* TRADITION

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